



The NACC Care Cook of the Year 2010

THE HEAT IS ON

Organised by The NACC (National Association of Care Catering) the annual Care Cook of the Year competition regional heats are underway. All six regions have organised their cook offs to select the competitors to go through to the national competition.

The winner of the first heat held at Unilever Foodsolutions in Surrey was Mark Ord from Sanctuary Care who beat off his competitors as he wowed the judges with his menu of Poached Smoked Haddock with Eggs Benedict, followed by Vanilla Cheesecake with Poached Rhubarb Batons.



This is the second consecutive year Mark has won the South East Regional final and commented after the award ceremony “ it is an extremely prestigious contest and therefore a great honour to be taking part and receiving recognition for my cooking, it is a great opportunity to showcase what chefs in the care industry can do”

The second heat took place in the Midlands Region and was hosted by West Nottinghamshire College. Six finalists from across the Midlands Region competed in the cook off. After a tense 90 minutes the judges awarded the first prize to Craig Matthew Dewhurst from Rashwood Care Home Drotwich. Craig delighted the Judges with his Menu of Poached Fillet of Haddock, Rosti Potato, Wilted Spinach and Poached Egg with Marjoram Butter followed by Dark Chocolate and Espresso Cream with Orange Tuille Biscuit.



Craig commented “ I was completely overwhelmed to win and I look forward to the challenge of the National Final to showcase the professional work of Care Catering Chefs who provide all the food a resident needs in a day”

The remaining heats are scheduled over the next month and the event will culminate at the Birmingham College of Food on the 13th July where the successful regional winners will compete for the overall title of National Care Cook of the Year.

The competition is open to cooks and chefs who are based in Care Catering and are members of The National Association of Care Catering.

The NACC Care Cook of the Year Competition is one of the longest standing, independent recipe competitions in the UK. It continually challenges people who operate in the care sector to devise new and exciting recipes and to excel in their day-to-day catering environments.

Notes to editors:

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