



NACC MINUTES OF SOUTH WEST REGIONAL MEETING

Date – Wednesday 8th December 2010

Venue - Ebdon Court, Trenleigh Drive, Worle, North Somerset. BS22 6LJ

Thank you to North Somerset County Council & apetito Ltd for sponsoring this meeting.

Attendees – Alison Pugh, Sue Hawkins, Judith Dyke, Suzie King, Gillian Reynolds, Elizabeth Butler, Donna Miles, Anne Kemp, Chrissie Bizley, Sharon Plumridge, Roz Scourfield, Fiona Michallat - Cox, Sara Parslow, Pauline Genge. Derek Johnson, Mike McDonald, Brad Burnham, Tim Watkins, Howard Porteus, Paul Crumpler, David Weightman, Andy Ward, Paul Bayer, Andy Williams, Bev Puxley, Graham Allen, Jeff Priest, Adam Michallat - Cox.

National Executive Update

Regional Award - future of the awards being considered by the National Executive. Should Regions be 'in competition' with each other? Needs to be simplified if it goes ahead.

Care Cook of the Year deadline is 17th January 2011.

Cook off March 11th at Aspire Restaurant, City College, Southampton. Joint meeting with HCA. College lecturers to be the judges. Ensure all chefs understand the nutritional requirements of the client group they are catering for.

Matters Arising

Very positive meeting in Dorchester in October 2010

- CPD's distributed shortly
- Probiotics Research on going
- John Hilton contacted Derek Johnson re Lord Lieutenant
- All investigated hydration within one's own Local Authority

Election of Regional Officers -

Chair -	John Hilton
Deputy Chair -	Sue Hawkins
Secretary -	Tim Watkins

Presentations

Derek Johnson - NACC Chair

- Revising Awards - possibly to be tailored to the work place, will be discussed at January's National Executive meeting
- Guidelines - revising all NACC documents together, any comments re these documents please forward to DJ so they can be included.
- Looking for Chair to lead the Sustainability Group

- 'No One Should Go Hungry Campaign' press release calling malnutrition 'The Silent Killer' getting very good coverage especially as we now use Jag Media
- 'Keeping Well - Keeping Warm' had a lot of coverage
- Producing a sheet on how to spot the symptoms of malnutrition
- NACC releasing a home alone at Christmas article on Monday 13th December
- DJ has been approached by several MP's to discuss malnutrition and other campaigns
- BBC 1 The One Show featured the service delivering Meals on Wheels in Leeds
- The NACC has tweet accounts and is also looking at a Facebook page
- Conference was excellent and HCI commented how professional it was. Next conference will have to be more financially attractive to members
- All Parliamentary group on nutrition, first one set up on nutrition - BAPEN have gained funding for it and NACC to be involved.
- Looking for ideas to promote the Association, develop membership and gain more sponsorship
- TV interest in freshly cooked Meals on Wheels

Donna Miles - North Somerset Council

- Discussed their excellent community meals service which operates 5 days per week with the availability of tea time offer
- No referral, welfare check, will be a self funding unit
- Moving to a cashless system, no domiciliary care preparing meals
- Providing meals for day centre feeding
- Providing a valuable service for over 400 service users

Chrissie Bizley - North Somerset Council

- Chrissie gave a very heart warming insight into her vocation as a community meals driver, relaying why she is so proud to be part of the excellent service provided by North Somerset Council

Elizabeth Butler - Penny Brohn Cancer Care

- Elizabeth's excellent and enlightening presentation is available as a powerpoint presentation

AOB

John Hilton suggested the possibility of awards for individuals / drivers/ kitchen assistants

Dates for Future Meetings –

Friday March 11th 2011 - City College, Southampton

Wednesday 8th June 2011. Health and Social Care, Redhouse, Heggard Close, Withywood Bristol BS13 7SE

Wednesday 12th October 2011 - Venue tbc, Trowbridge

Wednesday 7th December 2011 - Venue tbc, Dorset