

NEWS RELEASE

Edward Zammit, a chef for Avenance is the 2011 NACC South East Regional Care Cook finalist

Edward Zammit who works for Avenance, Elior in Essex had the recipe for success winning the South East Regional Selection of the NACC Care Cook of the Year competition. Edward came up trumps with a menu of Ballantine of Chicken served with Potato Cake followed by Chocolate Fondant with Caramel Sauce.

The creative caterer travelled to Unilever's Knorr Kitchen on Wednesday 23rd March to take part in the care industry's premier culinary contest.

Edward was amongst five semi finalists who qualified for the semi final cook off from a southeast regional entry. The competition was open to all care sector caterers, who were invited to produce a menu suitable for a designated care sector client group.

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Presentation photo of Edward Zammit, receiving his award from Neel Radia, South East Regional Chair NACC (right) & James Allred from Unilever (left).



The contest is organised by the National Association of Care Catering (NACC). Unilever and Knorr supported the regional final. The aim of the contest is to raise the profile of this sector of the catering industry, and highlight the varied culinary skills and talents of cooks in the care sector.

Edward took up the challenge of creating a recipe for a two-course meal, which had to meet a number of criteria. These included:

- Imaginative use of ingredients
- Menu cost – under £1.35 for two courses per person
- Suitability for the client
- Meeting NACC nutritional criteria
- Passing a taste test
- Creating a balance between main course and dessert.

Neel Radia, South East Regional Chair NACC, said:

“ The depth of skill in the care industry has been highlighted today, they have brought their skills they utilise everyday in the workplace, to the competitive arena and once again highlighted the creativity that is so often under valued in this sector. These five regional finalists are an example of the quality of staff employed day in day out across the South East, in residential homes, children’s centres, day care and community meals establishments. They should also be the benchmark for which every establishment must aim for as we all aim to improve nutritional care for those in our care”

Edward Zammit said on winning:

“I am thrilled to have won the title of South East Care Cook of the Year, and look forward to representing the region at the National finals in July.”

Note to News desks:

The NACC is the professional organisation for caterers working in the care sector. This sector covers care homes, early year’s centres, day centres, resource centres, and community meals services.

The NACC membership includes professionals from local authorities and private sector providers. The NACC was formed in 1987.

The Care Cook of the Year competition was inaugurated in 2000.

Past Care Cook of the Year winners-

2000	Cliff Hamilton	Hampshire Social Services
2001	Paula McAllister	Leeds City Council Social Services
2002	Amanda Steele	Northumberland County Council
2003	Barbara Walker	London Borough of Sutton
2004	Judy Reynolds	West Sussex County Council
2005	Gary Brailsford	St. Monica’s Trust, Bristol
2006	Garry Maundrill	HICA Care Homes
2007	Patrick Moore	Dorset County Council
2008	Gareth Cartledge	St Monica’s Trust, Bristol
2009	Mark Wilkinson	
2010	Craig Dewhurst	

Web link: www.thenacc.co.uk

For further information about the competition please contact:

Neel Radia on 020 8965 6533

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