



NEWS RELEASE

Malcolm Shipton is the 2011 NACC Care Cook of the Year

Malcolm who works for Wren Hall Nursing Home in Derbyshire had the recipe for success winning the final of the NACC Care Cook of the Year competition. Malcolm came up trumps with a menu of pan fried mackerel fillet with, roasted couscous, served with a beetroot and caramelised orange dressing, and complimented with his dessert of jasmine rice & ginger pudding with honey glazed pineapple.

The creative caterer travelled to Unilever's headquarters in Leatherhead on Wednesday 6th July to take part in the care industry's premier culinary contest.

Malcolm was among six finalists who qualified for the final cook off from a nationwide entry. The competition was open to all care sector caterers, who were invited to produce a menu suitable for a designated care sector client group.

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Attached presentation photo of Malcolm, receiving his award from
Derek Johnson, National Chair NACC.

The contest is organised by the National Association of Care Catering (NACC), and supported by The Worshipful Company of Cooks. The aim of the contest is to raise the profile of this sector of the catering industry, and highlight the varied culinary skills and talents of cooks in the care sector.

Patrick took up the challenge of creating a recipe for a two course meal which had to meet a number of criteria. These included:

- imaginative use of ingredients
- menu cost – under £1.60 for two courses per person
- suitability for the client
- meeting NACC nutritional criteria
- passing a taste test
- Creating a balance between main course and dessert.

Derek Johnson, National Chair NACC, said :

“ The depth of skill in the care industry has been highlighted today, they have brought their skills they utilise everyday in the workplace, to the competitive arena and once again highlighted the creativity that is so often under valued in this sector. As the Meeting Nutritional Needs Outcome 5 of the legislation governing the sector starts to fall into place these six finalists are an example of the quality of staff employed day in day out across Britain, in residential homes, children's centres, day care and community meals establishments. They should also be the benchmark for which every establishment must aim for as we all aim to improve nutritional care for those in our care”

Derek added “Good quality nutritional care is the cornerstone of any care plan, as the benefits to the health and well being of anyone is often governed by their nutritional intake. Our on going No One Should Go Hungry campaign continues to raise this issue across the industry and beyond.”

Note to Newsdesks :

The National Association of Care Catering (NACC) is a progressive organisation representing professionals providing catering to the care industry. They are recognised by Local Authorities, independent providers, the charitable sector and Government departments as a prime source of information and opinion on all aspects of catering within the care sector and whose primary aim is to improve standards.

The NACC has a petition asking for support in raising awareness of this issue, and that of malnutrition to a wider audience. For more information log on to www.thenacc.co.uk

The NACC’s No One Should Go Hungry campaign is an ongoing campaign to raise the profile of malnutrition in the care sector, and demonstrate the benefits to all of good nutrition. Improved quality of life for those at risk, less demands on their carers, health and social care services.

The NACC works with a number of partners to:

- To promote and enrich the standard of catering within the care sector, whether that catering be provided by Social Care Departments or other Caring Agencies
- To provide a forum for debate among individuals, companies and organisations of all kinds involved in catering for the care sector
- To facilitate the exchange of information, experience and expertise
- To promote the development of professional standards among those involved in catering for the care sector
- To commission research into matters relating to catering for the care sector
To publish guidelines, policy papers and authoritative statements on all aspects of catering for the care sector

The Care Cook of the Year competition was inaugurated in 2000.

Past Care Cook of the Year winners-

2000	Cliff Hamilton	Hampshire Social Services
2001	Paula McAllister	Leeds City Council Social Services
2002	Amanda Steele	Northumberland County Council
2003	Barbara Walker	London Borough of Sutton
2004	Judy Reynolds	West Sussex County Council
2005	Gary Brailsford	St. Monica’s Trust
2006	Garry Maundrill	HICA Care Homes
2007	Patrick Moore	Dorset County Council
2008	Gareth Cartledge	St Monica’s Trust
2009	Mark Wilkinson	Northwood Nursing Care
2010	Craig Dewhirst	Elizabeth Finn Group

The 2012 Care Care Cook of the Year competition will be launched at the NACC National Event in Blackpool 14-16th September 2011. After which the regional selection process will once again commence.

Web link : www.thenacc.co.uk

For more information and a copy of the report, please contact: Derek Johnson, **Chair NACC** on: 07891271870/ 0870 7480 180 chair@thenacc.co.uk