

November 2011



Baroness Greengross raises Hydration question in House of Lords

On the 7th November Baroness Greengross tabled a question in the House of Lords to ask Her Majesty's Government whether they have plans to implement a hydration policy in hospitals and care homes.

The responses reflected the view that the implementation of policies would not have the desired effect, would not deliver person centred care improvements and the government felt that the issue would in fact be addressed by Care Quality Commission inspections. The inspection regime is to be raised to a target of 500 a year across the board and we will consider Outcome 5 – Nutrition, as a key indicator.

The NACC are delighted the question was raised but would like the government to ensure that hydration and nutrition are a key focus of these inspections. We recognise that CQC has the opportunity to work with providers on raising standards across hydration and nutrition through Outcome 5, however it is paramount that we continue to strive to ensure best practice is promoted through training and guidelines such as that currently being developed jointly by the NACC and ECCA .

Read the full text of the question at

<http://www.epolitix.com/latestnews/article-detail/newsarticle/more-work-to-be-done-on-hydration-in-hospitals-and-care-homes>

and

<http://www.publications.parliament.uk/pa/ld201011/ldhansrd/text/111107-0001.htm>

For more information , please contact: Karen Oliver, **Chair NACC** on: 0870 7480 180
chair@thenacc.co.uk

Notes to editors:

The National Association of Care Catering (NACC) is a progressive organisation representing professionals providing catering to the care industry. They are recognised by Local Authorities, independent providers, the charitable sector and Government departments as a prime source of information and opinion on all aspects of catering within the care sector and whose primary aim is to improve standards.

The NACC has a petition asking for support in raising awareness of this issue, and that of malnutrition to a wider audience. For more information log on to www.thenacc.co.uk