



Minutes of NACC Northern Region Meeting - Thursday 1st October 2009 Halton Stadium, Widnes

Opening DVD for conference Blackpool 2009, showed snippets of some of the work done this year.

Sue Ullmann – Nutrition & Hydration presentation on this – DVD from care home on hydration and the benefits that one care home have seen since adopting these methods called “Health on Tap”, and the benefits of drinking more water. Sue gave a quiz to all members and leaflets were available “Health on Tap”.

Tina Fox – Vegetarian for life – assisting elderly people already vegetarian to get this service from care homes and meals on wheels. This is a newly formed charity, to help improve standards. There are recipes, booklets and guidance available on website www.v.f.l.uk they even have vegetarian cooking courses available.

Rational presentation – Andy Bridgeman – Director (North Sales)
 Paul Kerr Regional Sales

Discussed self cleaning oven centre which is available and the benefits of this product, regarding, budget, nutrition and attractive meals that this product can achieve when programmed to do so.

Fretwell Downing presentation – nutrition in the market discusses and all the different catering environments, they provide to:- care homes, schools, hospitals, armed forces, prison services and the retail sector.

Business Meeting

Minutes of the last meeting agreed.

Mark Wilkinson:- Congratulations on winning Care Cook 2009 and thank you for making the dessert today.

16th July – poor turnout for the Chair elections.

Next years conference – D Johnson study tour at conference to visit sites around the country. Website is up and running and Paypal is working.

Admin:- Membership up & the North membership is increasing.

Working parties – Benchmarking, APSE, CQC

Next National Exec meeting 24th November Leicester (tbc).

Northern meetings

10th December – Theakstons Brewery, Masham, North Yorkshire

2010

25th Feb – Northern / Scotland

10th June

23rd September

16th December

Any topics – let us know

Any conference feedback

Northern committee members:- Andrew Markwell is standing down as Chair. Nominations in writing to Gill by the 30th October please.

AOB

NACC to develop recipe book with FDH looking at all recipes from Care Cook to produce recipes and look at the nutritional value and allow care homes access to these. To allow high calories to be shown in these recipes.

Community Meals on Wheels – Bolton – themed evens on bogus callers with community police and theatre company asked to take photos of the event.

Independent to write an article on CMOW.