

Minutes of the NACC Northern Region Summer meeting 1 July 2013 at Leeds United Football Ground.

Present: Sue Cawthray (HNHA), David Barker (BCM), Ellen Clayton (apetito), Gill Thrush (HNHA), Paul Bowers (Calomax), Mike Burns (Hobart), Lianne Ridgway (Nestle), Peter Glossop (Moffat), Jan Royle (Retired member), Garry Allitt (Williams), Paul Carpenter (HC-One), Andrew Rogerson (Total Foods), Allan Brook (Hobart), Rob Dyson (Hobart), Haydon Hendry (Falcon), Ismail Uyumaz (Donisthorpe Hall), Sean Finnerty (Falcon), David Whittaker (Apetito), Karen Brimble (Hadrian Healthcare), Alan Drayton (BGL Reiber), Ros Speight (Leicestershire CC), Paul Barnes (Dudson), Sarah Hindle (Bolton Metro), Lee Casey (Bolton Metro), Claire Fitton (Nestle), Sharon Penn (Exemplar), Robert Wager (Dawson MMP), Lyn Johnson (Johnsons Catering Equipment), Emily Sykes (McCains), Jo Durant (Total Foods), Robin Comerford (Elior), Ben Woodward (Elior), Peter Rigby (Alzheimer's Society), Yvonne Pottinger (Broadacres), Rebecca Squire (Clifton St Annes), Dave Wynne (Williams), Victoria Starling (Unilever), Sean Harvey (Wiltshire Farm Foods),

Apologies: Christine Hamilton (Four Seasons Health Care)

Sue Cawthray opened the meeting by welcoming everyone and introductions were made.

Business Meeting – Report from the National Executive meeting in Bristol.

- Elections for the National Chair and National Secretary due this year. Deadline for nominations is the 12 July.
- Increase in membership 604 to 611.
- Good Practice Guides-some being revised.
- NACC website full of information for members.
- 11 confirmed premier sponsors.
- National Care Cook competition-Simon Lawrence from Hadrian Healthcare North Region won.
- NACC newsletter-quarterly-edited by Ellen Clayton-any articles to her.
- NACC Awards-deadline 5 July.
- Treasurer reported that the finances are doing well and we have enough money to pay bills.
- Renewal of HCI membership-constitution needing to be reviewed.
- Ros Speight mentioned that she and Ellen had been charged with setting up a group to review the constitution. To be ratified at the Training and Development Forum 2014. Members to let Ros or Ellen know if they can help on group. Scrutiny Committee to be set up with reps from each region.
- Various working parties-Malnutrition Task Force, Hydration Forum, Business Development, Sustainability and the Public Sector.

- Training and Development Forum – 11-13 September, Blackpool. Theme for Wednesday night is Ancient Egypt. Events, workshops, exhibition and speakers on the Thursday.
- Nominations for Honorary Membership to Regional Officers for next Nat Exec meeting on 1 August.

There then followed a presentation by Robin Comerford and Ben Woodward from Elixir, Improving nutrition, hydration and social engagement for older people, care homes and independent living schemes.

Peter Rigby from the Alzheimer's Society then explained about a new initiative – Dementia Friends - and we talked about the importance of raising awareness among the community – working with organisations such as Starbucks advising them on how to recognise and help people with dementia.

Sue Cawthray gave a presentation on the Silverline, the helpline initiative set up for the elderly, launched in Manchester in 2012 and more recently in Newcastle. There is no government funding but they achieved a grant from Comic Relief. It was set up to give information, friendship and advice, and is manned by volunteers. We are trying to link the Northern region of the NACC with Silverline. Contact David Barker for leaflets to distribute.

We had a raffle at the meeting which raised £45 for Silverline.

During the day everyone was encouraged to visit the stands around the edge of the room, network with each other and look at products and ideas for all.

After an excellent lunch sponsored by Rational Simon Lawrence winner of this year's National Care Cook competition showcased his winning dish. We then had a demonstration from Rational on preparation of full English breakfast in 7 minutes.

National Community Meals week – 11 – 15 November 2013

National Working Group - Sue gave an update on the launch in London on 12th November and we then had a brain storming session on unusual ideas of where providers and suppliers could deliver a meal for the picture to go on the big map in Blackpool at the T and D Forum.

Next meeting is 27 November 2013 and we will be the guests of Total Food Service – venue to be confirmed.

Sue closed the day by thanking the suppliers and members travelling to the meeting, Simon Lawrence and especially to Matt, Mark and the Rational team who sponsored the meeting.