



## NACC South East Region

Minutes of the Regional Meeting held on 24<sup>th</sup> June 2009 at Northwick Park Golf Centre

### Attendees:

Neel Radia, Raj Foods  
Catherine Kidd, Barchester Healthcare  
Simon Ellis, First in Service Ltd.  
Era Varellos, LB Haringey  
Simon Gardiner, Hobart UK  
Vivien Rose, LB of Redbridge  
Angela Elkholy LB Tower Hamlets  
Tim Parrett, Williams  
Melanie Boufenchouche, Falcon  
Andy Wickham, Sodexo  
Michael Thompson, Sodexo  
Julie Moakes, Sodexo  
Dorothy Lamprell, Herts. CC  
Elizabeth White, Luton MBC  
Carole Dormer, Sanctuary Care  
Chris Jackson, Essex Food Service  
Max Smith, GramUK  
Mark Sharland, Meiko  
Paul Davis, McCullough Moore  
Steve Berry, RBL Reiber  
Allan McDonald, Thermo-Box  
Hannah de Monti, Fresenius Kabi  
Mary Wedge, ISS Eaton  
Andrew Clarke, Foster Refrigerator  
Lee Cogger, Victor Manufacturing  
Christine Hamilton, Four Seasons Health  
Donna Steeden, Quantum Care  
Adele Beckford, LB of Southwark  
Nigel Quince, JDS Catering Equipment

### Apologies:

Ian Taylor WRVS  
Vic Laws AVL  
Tony Gilbert 3663  
Roy Garland, Anchor  
Louise Cook, Abbeyfield Kent  
Society  
Ian Clementson Caterplus  
Ros Speight Leics. CC  
Sally Austin, Austin Powell  
Amanda Powell Austin Powell  
Trevor Bradley, ER Moffat  
Damien Bell Supply Direct  
Gail Walker Supply Direct

With the trauma of a strike by staff on the London Underground, we had a delayed start, but managed a good turnout!

Neel opened our second meeting of 2009 – our **Summer Social**, no less - by welcoming the crowd of members and guests to **Northwick Park Golf Centre**, and

promised a fun filled day, with presentations from **Carole Dormer** of **Sanctuary Care**, and **Dr. Eleni Tsiompanou**, from the **Hospice Nutrition Group**.

Non-Members were asked to leave the room for the **Business meeting**, as there were some sensitive issues to discuss.

The minutes from our March meeting were agreed. This was our biggest ever meeting with **over 50 attendees**; we are the first Region to hold a Cook Off as part of a normal Regional meeting, and the general consensus was that it was well worth it – we'll see what next year brings....

Neel reported back from the **National Executive** (NE) Meeting held in April.

Members had raised some issues that were discussed at the National Exec –

1. Request for **minutes** of the NE to be put on the website.
  - a. This was answered with the fact that Regional Chairs reported back to their Regions following NE meetings.
  - b. A comment was made that some Regional Meetings don't have a copy of the NE minutes available.
  - c. NR to report back to NE for comment.
2. **Auditors** changed?
  - a. The auditors have not been changed – their name has now been reduced to initials, so this may have caused the confusion.
  - b. Auditors can only be changed at the AGM.
3. **Website**
  - a. This was originally discussed at the 2006 AGM, to use funds that were available for the association.
  - b. A working group was set up.
  - c. The working group assumed that they were responsible fully for the decision of the company.
  - d. The decision was ratified by the NE
  - e. Total cost £21.7 k.
  - f. The NE will ensure that future projects of this nature are budgeted, and ground rules set, with full transparency.
  - g. National Chair, Sue Ullmann had emailed all members with an explanation.
  - h. ISSUES
    - i. Re website general slowness and poor design – not user friendly.
    - ii. Blank pages give a poor impression of the association, and it seems poor value for money.
    - iii. No payment process, difficult navigation, issues with downloading forms.

Neel to take comments back to NE. Some members had suffered no issues, or problems with speed – it may be that some organisation's web servers or Internet settings have issues with the web site itself. Your secretary reports that he has no problems, either at home, on home PC or using his company laptop either at the office or outside.

4. The **posts** of National Chair & National Secretary were up for re-election at the AGM in September, as they have both run for two years.
  - a. Neel read out a summary of the posts description.
  - b. There were two nominees for the post of National Chair – Derek Johnson, currently National Deputy Chair, and the current Chair, Sue Ullmann, so there would have to be a secret ballot.
  - c. Neel asked the floor whether any member had considered being nominated for either post.
  - d. Mary Wedge, previously National Secretary, was offered as a point of knowledge, if anyone had any questions.
  - e. We needed to know by lunchtime if anyone wished to put him-self or her-self forward to be nominated.
  - f. Neel clarified the election process.
  - g. Members felt that email should have been sent out before nominations were due by National Secretary to see whether anyone was interested for the National posts before they attended the regional meetings – giving them chance to think over and discuss with employers.

#### **5. National Community Meals Week**

- a. 5<sup>th</sup> -9<sup>th</sup> October 2009
- b. Neel asked all members for information on what they were doing as part of the week with their organisations.
- c. Publicity was needed in SE Connect, National Newsletter, and Press releases etc.
- d. Don't forget the Regional Tina Welch Memorial Award for the best CMOW event.

#### **6. Care Show**

- a. Olympia 7<sup>th</sup> – 8<sup>th</sup> October 2009
- b. Derek Johnson was running another Nutrition Kitchen.
- c. Volunteers needed from the region to help at the Olympia Care Show even if only for an afternoon. All interested parties should speak to Neel.

#### **7. Conference** 9<sup>th</sup> – 11<sup>th</sup> September 2009, Hilton Metropole, Blackpool.

- a. Mary Wedge, one of the organisers, gave us an update.
- b. Different format this year, having listened to comments from both exhibitors and delegates.
- c. Workshops, with good speakers; plenty of time for the exhibition, which runs from Wednesday until Thursday afternoon.
- d. Suggestions for travel include car sharing; advance booking of rail tickets, from £29 return, London – Blackpool.
- e. Stands selling well, only 11 left.

#### **8. McCullough Moore's** contract to run the Associations' administration runs out in September.

- a. Neel asked for comments both positive and negative.
- b. Generally positive from the floor, with no negative.

#### **9. Care Cook Final** – 9<sup>th</sup> July.

- a. Mark Ord, from Sanctuary was going forward from the South East

- b. Neel asked for support from members who may wish to travel to Birmingham for the final.
  - c. It was commented why the judging criteria for regional cook offs were not all the same. NR asked to speak to Derek to see whether possible for next year that all regions get the same cook off marking sheets and criteria to meet.
10. NACC has been accredited with Continuous Professional Development, to enable members to count meetings towards their own CPD.
  11. Members were encouraged to use the website to download information from the links.
  12. NR attended the BAPEN launch at the Houses of Parliament with Sue Ullmann.
  13. NR asked members if they would be interested in a Nutrition and Safety Training Study day that NR was planning on organising for SE Members. Agreed by all that they would be interested so NR to organise and let members know.

### **2009 meetings –**

#### **September – at LB Tower Hamlets, 24<sup>th</sup> September – venue TBA.**

**Christmas Meeting** – 27<sup>th</sup> November, joint with South West at the Hilton, Basingstoke.

This will be a full day meeting, with a party in the evening for all Regions.

£35 for the day and evening,

Room rates were to be £49 for a single, £59 for a twin/double, to be booked directly by members via the hotel.

Michael Thompson from Sodexo mentioned their sponsorship of the IAHSA Conference held 19<sup>th</sup> – 22<sup>nd</sup> July at the QE2 Conference Centre.

He also mentioned that there seemed to be a disparity in the costs of documents for members and non-members, with the difference being quite small.

Mary Wedge commented that the Membership Cost was not increasing.

Following the previous discussions about the National Officers posts, a vote was taken regarding the candidates. Angela Elkholy proposed, and Dorothy Lamprell seconded the proposal for both candidates to be put forward for the post of National Chair.

Ros Speight was proposed by Dorothy Lamprell and seconded by Era Varellas as the candidate for National Secretary.

Later in the day, following this vote, Julie Moakes was nominated for the post of National Secretary, as her nomination came through a little after the business meeting had finished when a few members had gone home it was decided an email would be sent out to all regional members who attended the meeting with the proposal of the nomination and see if members were in agreed. Out of all that attended the majority emailed back that they were

happy with the nomination. Julie Moakes nomination was proposed by Era Varellas and Seconded by Angela Elkoholy.

**Honorary Memberships** – The meeting proposed that Heather Rhoades, latterly of the LB Merton should be put forward – proposed by Angela Elkoholy, and seconded by Mary Wedge.

As the meeting had started so late, and the business meeting took longer than anticipated, Carole Dormer's presentation is to be held over, so we went straight onto Dr Eleni Tsiompanou, Chair of the **Hospice Nutritional group**, for a really interesting presentation on Food & Nutrition in Palliative Care – fascinating. A copy of her presentation will be distributed to members.

Following an excellent lunch and lots of furious networking with Network Human Bingo, Max Smith was called on to demonstrate a 'Golf Swing' to the uninitiated..... something about a triangle and keeping your eye on the ball.....most of us then wandered over to the driving range to see those who obviously had spent far too much time on the golf course whacking buckets of balls miles into the very wet air, whilst others had a go for the very first time – well done everyone! Good photos for SE Connect.....

See you all in September.

### *Dates for your diary*

**30<sup>th</sup> September** – Sponsored by Supply Direct

**27<sup>th</sup> November** – Christmas Social Event, Hilton Basingstoke. Joint meeting with South West Region

### **Regional Officers 2009**

**Chair** Neel Radia - Raj Foods [neel@rajfoods.com](mailto:neel@rajfoods.com)  
**Deputy** Catherine Kidd – Barchester Healthcare  
[Catherine.Kidd@barchester.com](mailto:Catherine.Kidd@barchester.com)