



# SE CONNECT

May 2008

Welcome to the South East Regions first newsletter 'SE Connect'. This newsletter will be a quarterly update on what is happening in and around the region, so that we can share ideas and explore new developments and catch up on all the updates.

Firstly I would like to welcome all the new members who have joined the South East Region over April. We look forward to seeing you all at our next regional meeting in June.

Brenda Slattery – Amicus Care Homes  
Paul Smith – Qube Catering Equipment  
Beverley Williams – The Royal British Legion  
Mr Roger Wood – Crispin Homes Ltd  
Mrs Gill Miller – Ashwood Rest Home  
Alan McDonald – Thermo Box UK  
Marlene Joseph – Hope Super Jobs Ltd.  
(My apologies to anyone I may have missed out)

## Care Cook of The Year

This year the South East Region have had 10 entries submitted for the Care Cook of the Year competition which is the most that we as a region have had in a single year since the competition started. The 10 entrants for our region in no particular order are:

1. Paul Levy – Tithe Farm Nursing Home
2. Ann Wroot – West Brook House, Shaw Healthcare
3. Debbie Rudling – Glastonbury Court, Suffolk County Council
4. Sarah Louise Kelly – The Seckford Foundation, Suffolk
5. Martin Smith – Chantry House, Anchor Trust
6. Jackie Wright – Mandeville Grange Nursing Home, Buckinghamshire
7. Mr Akinlaja Abisogun – Hobkirk Resource Centre, Royal Borough of Kingston Upon Thames
8. Andrew Ruddock – Coastal Enterprises, West Sussex County Council
9. Waldenar Marian Sobisz – Byron House Nursing Home, Aylesbury
10. Kerry Gray – Eastlands, Four Seasons Healthcare

Good Luck to you all for the finalist position. Our finalist will join the finalists from the other 5 regions for the National finals cook off taking place at Birmingham College of Catering and Tourism on July 3<sup>rd</sup> 2008.

## Regional Meeting Feedback:

Thank you to everyone who filled out their regional feedback forms at the March meeting, we received a lot of positive comments and topics of interest for future meetings. Taking your comments on board our next meeting has been designed to meet those needs. If you are unable to make any of our Regional meetings but would like to hear a specific speaker or learn about a particular subject area then please let one of your regional officers know and we will try and address these for you at future regional meetings.



### **June Regional Meeting:**

Our next regional meeting will take place on **Tuesday 17<sup>th</sup> June @ London South Bank University**. This meeting will look at Dysphagia Management as requested by members at our last meeting. Our guest speaker is Kate Harrell who is a specialist Speech and Language Therapist on the wards at Kings Hospital and within community homes nutrition team. Ken Spear from LSBU Food Technology Development Centre will speak to us about nutritional training and the successful development of new meals this will follow a tour of LSBU's Food Technology Centre.

### **Septembers Regional Meeting:**

Will take place on **Tuesday 23<sup>rd</sup> September @ Whiteley Retirement Village**, Seven hills Road, Weybridge, Surrey – *Sponsored by CaterPlus*

Whiteley Village is a unique concept in seamless care for the elderly, consisting of independent living in cottages, an Extra-care complex, residential care and nursing care all situated on one beautiful site, with many facilities. Villagers start their retirement enjoying independent lives in rented Grade II listed almshouse style cottages, built within an octagon shape and set in the tranquil and peaceful surroundings of 240 acres of Surrey woodland.

### **Decembers Regional Meeting and Social Networking:**

**Tuesday 2<sup>nd</sup> December 2008** – Venue and itinerary to be confirmed

If you are able to Host or sponsor the December regional meeting or any other future South East Regional meetings for 2009 please contact your regional office on the numbers to the right.

#### **Regional Contacts:**

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The logo for the 'a changing climate 08' NACC Conference & Exhibition. The text 'a changing climate' is in a blue, lowercase, sans-serif font. The number '08' is large and stylized, with the '0' and '8' containing circular icons of hands holding a globe. Below the main text, 'NACC CONFERENCE & EXHIBITION' is written in a smaller, blue, uppercase font.

Delegate booking forms and Exhibitor information are now available on The NACC website.  
Don't forget to book your place!!!