

SE CONNECT

August 2008

Welcome to the second edition of 'SE Connect' the South East's regional newsletter. This newsletter will be a quarterly update on what is happening in and around the region, so that we can share ideas and explore new developments and catch up on all the updates.

Firstly I would like to welcome all the new members who have joined the South East Region. We look forward to seeing you all at our next regional meeting in September.

June Jumaily, Cheryl Hoy, Julia McNamara, Jennifer Cosford
Hertfordshire Community Meals
John Figgins
East Sussex County Council
Andrew McCusker
Ryder Care
Gill Miller
Ashwood Rest Homes

(My apologies to anyone I may have missed out)

Care Cook of The Year - Finals

This years Care Cook competition took place at Birmingham College on July 3rd. The South East finalist Martin Smith from Chantry House, Anchor Trust made a fantastic 2-course meal of:

Pork and sage patties wrapped in streaked smoked rice
Caramelised brandy wedges (dessert)



Above: Martins Highly Commended Mains Entry

The winner of this year's competition was Gareth Cartledge of St Monica's Trust at 22 he is our youngest competition winner. But Martin our regional entry did not go empty handed, the judges were so impressed with his main course that he was highly commended and received a shield to take back with him. Congratulations Martin!!

Junes Regional Meeting Brief:



32 members/non members joined us in June at London South Bank University where we held our regional meeting and topic discussion on Dysphagia Management. Kate Harrell a Speech and Language Therapist from Kings College Hospital joined us to discuss the symptoms of Dysphagia and how we can cater for people with this condition in care. We were then given a practical demonstration of Thick and Easy solutions including a tasting session.



Septembers Regional Meeting:

Our next regional meeting will take place on **Tuesday 23rd September @ Whitely Retirement Village, Weybridge, Surrey** - sponsored by **Cater Plus**

Whitely Village is a unique concept in seamless care for the elderly, consisting of independent living in almshouse style cottages with residential care and nursing care all situated on one beautiful site, with many facilities. Built within an octagon shape and set in the tranquil and peaceful surroundings of 240 acres of surrey woodland.

Sue Ullman our National Chair will be our special guest and has agreed to sit on the hot seat for a question and answer session with the region. If you have any burning questions for Sue please bring along with you, or alternatively email them to either me on neel@rajfoods.com

We will also be given an insight into the Whitely village with the opportunity to **take a tour** of this fascinating place.

Booking fee for this meeting is at **£15 (members) if you send your forms and payment in early to Simon** and £20 (members) if you pay on the day.

Decembers Regional Meeting and Christmas Social:

Tuesday 2nd December 2008 – This meeting will incorporate both our regional meeting and Christmas social as requested by members. Venue and Itinerary will be sent out shortly.

Dates for the Diary

London Borough of Southwark's Catering team have once again organised a superb event on **Friday 14th November** at Glaziers Hall, London to celebrate National Community Meals on Wheels. The event will be attended by over 250 service users and will include a sit down meal, entertainment and quizzes/raffles. More details about this event and other events taking place in the region will follow shortly.

If you are able to Host or sponsor any future regional meetings please speak to Neel Radia.



Delegate booking forms and Exhibitor information are now available on The NACC website.
Don't forget to book your place!!!

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