



NACC announces the talented line up for the Care Cook of the Year 2014 National Final

The National Association of Care Catering (NACC) has announced the 12 talented care chefs that will compete in the National Final of the *Care Cook of the Year 2014* competition and have their sights firmly on the prize of being declared the *Best Care Cook in the UK*.

Two chefs from each of the six NACC regions triumphed during the exciting regional cook-offs, impressing the judges with their culinary skills and their particular knowledge and understanding of catering within a care setting, and earning their deserved places in the National Final.

On **Wednesday 11 June** the 12 finalists will compete in a live and thrilling cook-off for the coveted title of *Care Cook of the Year 2014*.

Neel Radia, National Chair, NACC, comments: “The NACC Care Cook of the Year Competition tests all of the essential skills and knowledge held by chefs in the care sector. It also gives them the opportunity to showcase the great talent and best practices that they put into good use on a daily basis. The talent within our sector is outstanding and this fantastic competition gives us a platform to shout about it, which is something caterers in the care sector don’t get to do very often!

“The twelve national finalists are prime examples of the excellent work consistently being done in care catering across the UK. I congratulate them on their success so far in the competition and wish everyone the very best of luck in the National Final. It is sure to be an exhilarating cook off!”

The 2014 NACC Care Cook of the Year National Finalists:

Scottish Region:

- Alan Innes, Appin House, Kirkcaldy, Fife
- Margaret Stewart, Methilhaven Care Home, Methil, Fife

Northern Region:

- Luke Slaughter, Loxley Park Care Home, Sheffield
- Giles Conroy, Sunrise Senior Living of Bramhall, Stockport

Midlands Region:

- Sam Wicks, Peaker Park Care Village, Market Harborough
- Jennie-May Smith, Berkeley House Care Home, Hull

Welsh Region:

- Laszlo Kovacs, Burges House Care Centre, Cardiff
- Gareth O'Hara, Sunrise Senior Living of Cardiff

South West Region:

- Anthony Proffitt, Kimberley Court Care Home, Newquay
- Chris Hill, The Rosary Nursing Home, Bridgwater

South East Region:

- Alan Simpson, Sunrise Senior Living of Guildford
- Becky Allcorn, Rotary Lodge, Worthing

One of the longest-standing, independent recipe competitions in the UK, the prestigious NACC Care Cook of the Year competition successfully raises the profile of the care catering sector and champions those working within it. It challenges competitors to devise new and exciting recipes appropriate for a care environment, highlighting the true culinary flair and particular skill sets required to ensure continued excellence and success within the important sector of care catering.

Open to all chefs and cooks in the care sector (both NACC members and non-members), entrants are required to create a delicious and nutritionally balanced two-course menu, main and dessert, suitable for service users in a care setting and with a total food cost of no more than £1.50 per head based on four portions.

In just 90 minutes they are expected to produce a first-class menu that demonstrates innovation, costing ability, suitability for the environment, adherence to nutrition guidelines, great taste, and overall menu balance.

As well as the esteemed title of NACC Care Cook of the Year 2014, the overall winner will claim a superb prize package and trophy.

For more information on the NACC Care Cook of the Year 2014 competition visit

www.thenacc.co.uk.

Ends

Notes to editors:

- The Grand Final of the NACC Care Cook of the Year 2014 competition takes place on Wednesday 11 June 2014 at the Technical Skills Academy in Barking, a brand new development which forms part of the Barking & Dagenham College. Editors/journalists are invited to attend the event. Please contact the NACC office on 08707 480 180 / info@thenacc.co.uk to put your name on the guest list and receive further information.
- Full details of the finalists menus are available on request.
- The competition is supported by the Worshipful Company of Cooks, Brakes, Premier Foods, Rational, Robot Coupe UK Ltd and Pritchitts.

- **The NACC**

The National Association of Care Catering (NACC) is a progressive organisation representing professionals providing catering to the care industry. They are recognised by Local Authorities, independent providers, the charitable sector and Government departments as a prime source of information and opinion on all aspects of catering within the care sector and whose primary aim is to improve standards.

The NACC works with a number of partners to:

- To promote and enrich the standard of catering within the care sector, whether that catering be provided by Social Care Departments or other Caring Agencies
- To provide a forum for debate among individuals, companies and organisations of all kinds involved in catering for the care sector
- To facilitate the exchange of information, experience and expertise
- To promote the development of professional standards among those involved in catering for the care sector
- To commission research into matters relating to catering for the care sector
- To publish guidelines, policy papers and authoritative statements on all aspects of catering for the care sector

www.thenacc.co.uk

For further information contact: info@thenacc.co.uk / 0870 748 0180 or berenice.pretlove@gmail.com / 07508 146 118.