



MINUTES OF THE: SE Region Care Cook Seminar
Date: 13th March 2014
Venue: Hospitality House, East Finchley

Present:

Apologies:

Chaired by: Mark Taylor
Secretary: Vivien Rose

Robbie Bradley
Lorraine Cuppleditch
Christopher Dean
Roger Denton
Angela Elkholy
Anthony Frankland
Paul Holland
Chris Jackson
Jason Jones
Leon Jones
Duncan Levey
Sophie Murray
Yogi Naidoo
Stuart Needham
Sarah Poole
Troy Smith
Rick Solomon
Donna Steeden
Eileen Steinbock
Hayley Wardman
Mary Wedge
Adam Wilkinson
Sam Williams
Barry Wilmot

Sylvie Babout
Simon Ellis
Ferri Fassihi
Simon Gardiner
Karen Gray
Jarek Plewa
Neil Radia
Era Varellas
Angela Wildman

1.	<u>Welcome Introduction and Apologies</u> Mark Taylor welcomed everyone to the meeting on behalf of the new SE Committee. National Chair, Neel Radia sends his best wishes for the Care Cook competition. Neel has met with Preston Walker, regarding fortified meals project. Plans are going ahead	
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	for Nutrition and Hydration Week tea parties.	
2.	<p><u>Minutes of the last Meeting</u></p> <p>Minutes of the previous SE Regional meeting, held on 29th November 2013.</p> <p>One amendment, accuracy, Mary Wedge was not present at this meeting.</p> <p>Proposed by Sophie Murray.</p> <p>Seconded by Roger Denton.</p> <p>Minutes agreed.</p>	
3.	<p><u>Matters Arising</u></p> <p>None</p>	
4.	<p><u>Update from National Executive</u></p> <p>Sue Cawthray can no longer attend the Healthcare Caterers Association meetings, Neel will now attend.</p> <p>There has been a decrease in membership but also some new members have joined. We are looking at ways to increase membership and encourage new members to attend, highlighting the networking opportunities.</p> <p>The SE region has the largest membership, with approximately 180 members.</p> <p>The new NACC yearbook is being planned.</p> <p>NACC Admin. continue to provide good support.</p> <p>Treasurers Report - At the National Executive meeting in April, there will be more breakdowns of the costs and budget.</p> <p>National Community Meals Week 2013 held a successful pop up Luncheon Club, serving up a Community Meals lunch, provided by Tower Hamlets. There was some good media coverage and the use of our twitter address. For Nutrition & Hydration Week, one tweet generated globally 345,000 hits.</p> <p>A new initiative - Dewberry Redpoint and Cost Sector providing an electronic magazine, which will be interactive and easy to read.</p> <p>Mary Wedge- there will be a NACC newsletter, negotiated with Dewberry Redpoint and Cost Sector but will be NACC owned and lead. Cost Sector has 23,000 memberships, plus our own members viewing. The newsletter will be viewed on the NACC & Cost Sector website and sent in PDF form to members. This will be beneficial to members, with a member page and forum. The newsletter will start in April '14. Items to be sent to McCullough Moore or Mary Wedge, info@thenacc or David Foad at Cost Sector.</p>	

There are some changes being made to the CQC outcome 5. Safeguarding training will be available by McCullough Moore with CDP points.

There is to be a review of the NACC constitution, Mary Wedge is liaising with a group of past National Executive Chairs, who will be viewing the document and cascading down to all other previous National Chairs. The timeframe is to complete by 2015. This was agreed at the 2013 AGM and will be ready for the National Executive by 2015 and will be reviewed and consulted with members for views and comments.

NACC guidelines documents are being reviewed to be ready by April '14. Neel and Mary thanked those who assisted with updating the new guidelines.

There are a number of resources for Nutrition & Hydration Week 17th – 23rd March, on the website including, information, posters and invitations. All members are urged to send to NACC what is happening in their area to share with members.

Part of the NACC strategy for the next five years is to include access to funding. I.e. Lottery funding.

There will be the first official training day – CQC, in June in each region, if there is a large uptake then more dates will be made available. Documents can be bought on-line or invoiced at reduced cost for NACC members.

As an Association our strategy is to focus on four main event's and the Yearbook will include this information:

1. **Nutrition & Hydration Week** – 17th -23rd March, or any other time of the year.
2. **Care Cook of the Year** - this year we have received a record number of applicant's, which have doubled. The final will be held on 11th June '14, at Barking and Dagenham College. There are 12 finalist's this year, to give more opportunity to applicant's. There are 2 finalist's from each region.
3. **National Community Meals Week** – carrying on from last year's event, when the Midlands delivered meals as a relay around their region, we plan to make this a national event, delivering meals from region to region over different days of the week. We aim to use creative ways of mode of transport to deliver the meals eg. River taxi, underground tube etc. covering as much of the region as

	<p>possible and media coverage. Include MP's, Councillors. Meals can be delivered to the Home, Care Homes, Day Centres, Lunch Clubs.</p> <p>4. Training and Development Forum – 1st – 3rd October 2014, held at a new venue this year, moving from Blackpool to the East Midlands Conference Centre at Nottingham University. Excellent offer this year, for bookings made before 31st March. The event will include Care Cooks, Chefs, practical training, training being held in the auditorium. There is a huge exhibition centre for exhibitors. There are already 20 premier sponsors for this years event. The event will be very beneficial for members and suppliers. Being based in the midlands will be more accessible and easier for more day delegates to attend. The AGM will be held on Wednesday 1st October pm. This years award categories will also be slightly changed.</p>	
<p>7.</p>	<p><u>AOB</u></p> <p>Mark Taylor – Last November's meeting at Ascot was a triumphant success and a superb setting, due to such excellent feedback the same venue has been booked for this years Christmas meeting. 90 people attended, so we aim to make it 100 people attending this year. Dates will be on the website on the SE Region page.</p> <p>The June meeting will be held at Brakes in Covent Garden. We are keen to provide speakers and presentations, topics that members are interested in. The committee will be writing to members for feedback to hear your views.</p> <p>There will be a summer social event on 25th June in Covent Garden.</p> <p>The three new committee members aim to continue the legacy to build a strong SE region.</p> <p>Any questions. none</p>	