

May 2009

SECONNECT



Welcome to the fifth edition of 'SE Connect', the South East's regional newsletter.

This newsletter is a quarterly update on what is happening in and around the region, so that we can share ideas and explore new developments and catch up on all the updates.

We would like to welcome all the **new members** who have joined the South East Region - we look forward to seeing you all at our next regional meeting in June at Northwick Park Golf Centre.

Susan Skinner, from **Nestle Professional**

Clare Tharme, **Admiral Group**

Catherine Carpenter, from **Newstraid Benevolent Fund**

Nigel Quince, **JDS Catering Equipment**

(My apologies to anyone I may have missed)

March meeting:

Held at Brooklands College, Weybridge, and kindly sponsored by Falcon Foodservice – thanks Melanie – our best attended meeting was a great day! Over 50 members attended, to see the cook off to find the Regional entrant to the National Care Cook final, to be held in Birmingham in June. Four nervous cooks, watched by the members and with their supporters, peeled, sliced, grated, seared and sauced their way through 90 minutes of nerve-wracking competition, to be judged on their meals made to a tight budget.

Entrants were Michelle Chamberlain from The Homestead, Mark Ord from Sanctuary Care, John Dennis from BUPA care and Diane Bowers from Sanctuary Care. Our winner was Mark Ord, who goes through to the final – well done Mark, it looked super! Our business meeting discussed issues raised by members, which were taken to be further discussed at the next National Executive meeting – good debates are healthy for the association, and allow members to really play their part.

We listened to a really interesting presentation from Louise Cook from the Abbeyfield Kent Society about their Eden Project, to encourage stimulation of the residents – Shetland ponies, dogs, grandchildren all played their part.

A more poignant talk next from Julie Budd, from the Care Services Improvement Programme, a government initiative to improve several areas of care, including improving the dignity of those in care.

We were pleased to have **BrooklandsFM** in attendance – listen online here -

<http://www.brooklandsfm.co.uk/listenagain.asp#CareCooking>



Mark Ord interviewed by BrooklandsFM



A judgely huddle?



What a happy bunch!

Your next meeting.....

When is it?	Where is it?	What's happening?
<p style="text-align: center;">Wednesday June 10th, 9.30 for 10</p>	<p style="text-align: center;">Play Golf Northwick Park, Watford Road, Harrow, HA1 3TZ</p> <p style="text-align: center;">If you need a lift, please let any of us know, and we'll see what we can do.</p>	<p>Food Inflation. - Carole Dormer, Hotel Catering Services Manager from Sanctuary Care will be speaking to us about how Sanctuary Care deliver the tastiest and nutritionally balanced meals to their residents when faced with conflicts of increasing costs and decreasing budgets.</p> <p>Eleni Tsiompanou who is a Specialist in General Medicine and Palliative Medicine at Kingston Hospital and Princess Alice Hospice and also Chair of the Food and Nutrition Group at Help the Hospices will join us to share with us information on the Hospice Food and Nutrition group.</p> <p>The afternoon session for the meeting will be dedicated to networking and our Summer Social. We will be heading out doors for a picnic on the green followed by a 2-hour session of golf on the range (a bucket of balls has been arranged for each member) or for those who would prefer there is also an Adventure Golf course with windmills included.</p> <p>Dress code for the day is smart casual, no ties!</p>

For more information please check out the NACC website.

Go on, use the forums!

Dates for your diaries:

June 10th 2009 - SE Regional Meeting

September 9th - 11th – NACC National Conference – Hilton Hotel, Blackpool – new format, starting Wednesday 2 p.m., finishing Friday lunchtime.

September 30th 2009 – SE Regional Meeting

November 27th 2009 – Joint SE & SW Regional Meeting & Social
Get your glad rags ready!!

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