

**NACC Minutes of the South East Region Seminar  
25<sup>th</sup> June 2014 - Brakes, Covent Garden**

**Present:**

Chaired by: Mark Taylor  
Deputy Chair: Cathy Amos  
Secretary: Vivien Rose

Karl Adams  
Julie Adelaide  
Robbie Bradley  
Roger Denton  
Simon Eames  
Angela Elkholy  
Simon Ellis  
Jonathan Fairy  
Christine Hamilton  
Leon Jones  
Tamina Khawaja  
Roger Kellow  
Robin Macauley  
Christine Mallett  
Neil Morgan  
Sophie Murray  
Kirsty Pavey  
Henry Phillips  
Jarek Plewa  
Neel Radia  
David Richards  
Mark Sharland  
Rick Solomon  
Donna Steeden  
Carol Tuck  
Andy Tucker

**Apologies:**

Christopher Dean  
Teresa Duprey  
Era Varellas  
Barry Wilmot

<b>1.</b>	<b><u>Welcome Introduction and Apologies</u></b> Mark Taylor opened the meeting by welcoming everyone on behalf of the SE Committee.	
<b>2.</b>	<b><u>Minutes of the last Meeting</u></b> Minutes of the previous SE Regional meeting, care Cook Seminar, held on 13th March 2014, at Hospitality House, East Finchley  Proposed by Angela Elkholy.	

	<p>Seconded by Jarek Plewa. Minutes agreed.</p>	
3.	<p><b><u>Matters Arising</u></b> The SE Summer Social event on 25<sup>th</sup> June has now been re-scheduled for Thursday 17<sup>th</sup> July at Carluccio's, Covent Garden.</p>	
4.	<p><b><u>Update from National Executive</u></b> <b>Neel Radia, National Chair, presented the update from the National Executive:</b> In process is a fortification toolkit recipe book due to be launched at the Training and Development Forum in October '14. The recipe book will include week planners, recipes, methodology of fortified meals for residents in care.</p> <p>Training-CQC Outcome 5, Meeting Nutritional Needs, two training dates have already been held, one in the SW and one in the SE regions. This training has proved very successful, there were 150 places allocated, with only a few places left in the North region. There has been interest from Ireland, Scotland and Wales, with arrangements being put in place later this year. Future training topics will include i.e. dysphagia and food intolerances.</p> <p>Care Cook Competition, there were double the entrants this year than ever before. This year saw a change in there being twelve finalists from each region instead of the previous six.</p> <p>Going forward –National Community Meals Week 2014, week commencing Monday 10<sup>th</sup> November, plans underway for a road relay in each region and linking up. The aim is to raise the profile of the service to the public and the concerns regarding malnutrition. Neel is contacting GP surgeries, identifying malnutrition and for referrals to Community Meals Services to help combat this problem.</p> <p>Neel also attended a Pensioners Forum as a speaker to raise the profile of the service.</p> <p><b>Roger Kellow, Annual Training &amp; Development Forum Organiser:</b> Training &amp; Development Forum date, 1<sup>st</sup> – 3<sup>rd</sup> October '14, venue is the East Midland Conference Centre, Birmingham. The venue has been secured for NACC purpose. The T&amp;D Forum will be held in the Business Centre and delegates need to book early for the hotel accommodation if required.</p> <p>The awards have been updated for this year, with changes to some of the criteria, there will now be seven awards instead of nine and sponsored commercially, with monetary awards. There will be 20 partners, all places have now been filled with stands. 37 Exhibitors have already booked their places, which is an increase in bookings for this time of the year. On Wednesday 1<sup>st</sup> October pm, meetings will be scheduled for partners and delegates.</p>	

	<p>The first night, networking evening is a Bollywood theme.</p> <p>The Exhibition opens on the Thursday, with four training modules held in the morning and repeated in the afternoon to enable attendance. The training modules include tutorial and practical, including reminiscence, memory, aromas. Accredited Trainers will be delivering the training, delegates will have the choice to attend some or all of the sessions.</p> <p><b>Mark Taylor</b> Regarding the annual awards, Mark urged members to nominate people. The SE region has the largest membership, there should be many entrants showcasing the great work carried out, the awards nominations are now open for entry. We have a challenge to increase membership to 700, currently being 28 short of this number. There is a new postcard designed to inform and promote membership, which were available for members at the meeting and for distribution.</p> <p>Mark confirmed the importance of as many members as possible helping to take part in the Community Meals Week road relay. The SE Regions part in the relay will be on Tuesday 11<sup>th</sup> November. Mark highlighted the difference that the service makes to peoples wellbeing and lives and gaining public interest, people are unaware that in some areas the service is not available and how cost effective the service is.</p> <p><b>Cathy Amos-Care Cook of the Year Competition</b> Cathy attended the final held on 11<sup>th</sup> June 2014 at Barking &amp; Dagenham Technical Skills Academy, the winner was Jennie-May Smith from the Midlands region. There were 40 entrants from the SE region. The quality of the work was amazing with good support from managers and colleagues. The SE region won the best dessert category and there is increased interest and information through social media.</p> <p><b>Mark Taylor</b> – site visits to establishments in dementia care expecting even more entrants in Care Cook awards in 2015. Due to lots of good feedback regarding the SE Care Cook seminar 2014 venue, Mark has secured the same venue, Hospitality House, East Finchley, date in 2015 to be advised.</p> <p>The next SE meeting will be on 28<sup>th</sup> November at the same venue as last year, De Vere, Sunningdale Park, Ascot, the theme of the evening social is soon to be announced. We have secured the same rate for the rooms as last year, £39.95 for a double room. There is room for 100 attendees, bookings recommended soon due to popular demand. The day time seminar has some great topics and speakers already confirmed with a mini expo. With more time in breaks for delegates to view.</p> <p>AOB-none</p> <p>Mark closed the meeting.</p>	
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