

October 2009
NACC
Region of the
Year
2009-10

SE CONNECT



Welcome to the sixth edition of 'SE Connect', the **South East's** regional newsletter.

This newsletter is a quarterly update on what is happening in and around the region, so that we can share ideas and explore new developments and catch up on all the updates.

We would like to welcome all the **new members** who have joined the South East Region - we look forward to seeing you all at our next regional meeting in November at the Hilton, Basingstoke for our Joint meeting & Christmas Celebrations.

Paul Harris – **Unilever Foodsolutions**
Wendy Barnaville – **Unilever Foodsolutions**
Tim Franklin-Heys – **Unilever Foodsolutions**
Nigel Quince – **JDS Catering Equipment**
Jessica Taylor – **Kensington & Chelsea PCT**
(My apologies to anyone I may have missed)

June Meeting

We had a bit of a delayed start, due to the Tube strike, causing all sorts of traffic problems, but we still managed a good turnout.

Carole Dormer of **Sanctuary Care** was due to speak, but with the issues regarding travel, we decided to postpone until a later meeting.

The Business Meeting was quite intense, with some strong views about the Association, the website and other details – good discussions, and positive thoughts. Thanks everyone.

We listened to a fascinating talk from **Dr. Eleni Tsiompanou**, from the **Hospice Nutrition Group**, about Food & Nutrition in Palliative Care.

After a great lunch, Max Smith from GramUK demonstrated how to swing a golf stick, for the afternoons fun on the driving range....see photos for proof that we all listened intently!



Dr. Eleni Tsiompanou



Well done...



Go Neel!



Go Adele, mind Max's head!

National Conference & AGM – 9-11th September

The Hilton at Blackpool provided the venue for this year's Conference – well attended, and a good conference.

News from the Conference – finally, all the hard work in the Region has been recognised – we were selected for the **Regional Award** – not before time...hurrah - well done everyone!

Vivien Rose from **LB Redbridge**, who won the Regional Tina Welch Memorial award last year for her Meals on Wheels works and marketing, was rewarded again – winning the **Community Meals on Wheels Marketing** award at the Conference – well done Vivien – well deserved. Also, **Heather Rhoades**, latterly of the LB Merton, was rewarded for her years of service with **Honorary Membership** of the Association.

One of our regular members, Julie Moakes from Sodexo, completed a 40 cycle ride for the charity – stophunger – in the summer – for more info, please contact Julie direct - julie.moakes@sodexo.com – and look at www.stophunger.org.uk



September Meeting

Held on September 30th, at the TA Centre in Mile End, London, this attracted lots of members, new and old..we were treated to a presentation and discussion groups led by **Damian Bell**, from **Supply Direct**, regarding in house and contracted catering solutions.

Dorothy Lamprell, a long standing member of the NACC, who works in **Hertfordshire CC**, spent some time telling us all about herself, and her day job – fascinating...

After a great lunch from Subway, we trooped down the old Mile End Road, to the Toby Lane depot of **LB Tower Hamlets**, where a brand new Central Production Kitchen had been completed, and we were split into two groups, one to tour, and the other to discuss what we want to do in the Region and the Association as a whole – really good points came out, so watch this space....



The Mayor of Tower Hamlets, Cllr Ahmed Omar, with community meals client Hilda Levi, cutting the ribbon at the new CPU

Your next meeting.....

When is it?	Friday 27th November 2009, 9.30 for 10.00. Evening Celebrations – from 7.30 till late
Where is it?	Hilton Hotel, Basingstoke, RG21 3PR If you need a lift, please let any of us know, and we'll see what we can do.
What's happening?	A joint Christmas meeting and Christmas Celebrations with the South West Region.. Margaret Faulkner who will be giving us a training session in workshop format 'focusing on how different behaviours help or hinder relationships and that greater understanding of ourselves helps us to understand others and thereby improve those relationships'. Due to the success of last year's South East Speed Networking exercise; we will be doing this again but on a larger scale giving you more networking opportunity. There will also be an opportunity to listen to the 2 finalists of the Tina Welch Community Meals on Wheels Memorial Award present to the judges about their Meals on Wheels week activities. The evening festivities will take place at the same hotel where after collecting member's ideas the theme 'Disco Fever' was picked from the hat. The Christmas Celebrations will take place in the Winchester Suite with a 3-course private meal and disco till the early hours.

Bookings to Simon with cheques please....asap, places running short!

For more information please check out the NACC website.

Go on, use the forums!

Dates for your diaries:

November 3rd & 4th 2009– Care Show, NEC Birmingham. NACC Nutrition Kitchen

November 27th 2009 – Joint SE & SW Regional Meeting & Social
Get your glad rags ready!!

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