



**MINUTES OF THE: SE Region Seminar**  
**Date: 4<sup>th</sup> March 2015**  
**Venue: Hospitality House, East Finchley**

**Present:**

Chaired by: Mark Taylor  
Deputy Chair: Cathy Amos  
Secretary: Vivien Rose

Caroline Lecko  
Andy Jones  
Chris Burdett  
Karen Cooper  
Christopher Dean  
Simon Eames  
Simon Ellis  
Simon Gardiner  
Adrian Groves  
David Grundy  
Christine Hamilton  
Chris Jackson  
Jason Jones  
Christine Mallett  
Sophie Murray  
Yogi Naidoo  
Neel Radia  
David Richards  
Paul Sena  
Max Smith  
Donna Steeden  
Eileen Steinbock  
Mark Todhunter  
Carol Tuck  
Andy Tucker  
Era Varellas  
Adam Wilkinson  
Sam Williams

**Apologies:**

Joanne Best  
Roger Denton  
Barry Gelfand

1.	<p><b><u>Welcome Introduction and Apologies</u></b></p> <p>Mark Taylor opened the meeting by welcoming everyone on behalf of the SE Committee.</p>	
2.	<p><b><u>Minutes of the last Meeting</u></b></p> <p>Minutes of the previous SE Regional meeting, held on 28<sup>th</sup> November 2014, at DeVere, Sunningdale Park.</p> <p>Proposed by Sophie Murray. Seconded by Era Varellas. Minutes agreed.</p>	
3.	<p><b><u>Accuracies</u></b> – Add Chris Jackson to the attendees present list at the 28.11.14 meeting, agreed.</p> <p><b><u>Matters Arising</u></b> - none</p>	
4.	<p><b><u>Update from Chair, Mark Taylor</u></b></p> <p>Mark welcomed all to the meeting and the SE Regional Care Cook finals being supervised by Cathy.</p> <p>Mark thanked Hospitality House for the use of the venue and our sponsors Gram UK and Rational.</p> <p>Mark confirmed that himself, Cathy and Viv have been re-elected as the SE regional committee for a further year and thanked the members for their support. The first year in post has been enjoyable and challenging and the work and commitment of our first year will continue during this coming year to provide interesting, topical and enjoyable meetings.</p> <p>Training &amp; Development Forum - there will again be discounted Early Bird rates for early booking's for 2015. The 2014 Training &amp; Development Forum was a success, the new venue at the East Midlands Conference Centre proved to be popular with members. 'Meet the Supplier' was a new event introduced, which proved favourable with delegates, members and suppliers, although feedback received was that there were some missed appointments and some Suppliers missed their timeslots, the event is being arranged again for 2015. Excellent news is that 26 new NACC members joined following attending the 2014 TDF.</p> <p>Community Meals Week, 10<sup>th</sup> – 16<sup>th</sup> November 2014, the Road Relay event was a success and we are still receiving good PR media coverage with some excellent research being carried out.</p>	

Mark thanked all members who participated in the Road Relay event for their commitment, it was agreed that a lot of work was involved but the event was excellent and fun and helped to capture the message.

The NACC admin. office are currently checking that we have all the correct e mail addresses and contact details for members.

Nutrition & Hydration Week, commencing 16<sup>th</sup> March 2015, is gaining plenty of support with Global Tea Parties' being planned along with further events to highlight the importance of good nutrition and hydration for health and well being.

NACC, treasurer's report is showing a good surplus with some increased income. The NACC publications are being reviewed and updated, which provides a good source of income.

Mark, Cathy and Viv attended the National Executive meeting on behalf of the SE members on 11<sup>th</sup> February 2015.

**Update from National Executive Meeting –  
Presented by Neel Radia, National Chair**

The success of Community Meals Week and raising the profile of the service is still receiving publicity with a recent article in the Guardian newspaper.

The Duchess of Cornwall joined us at the end of November in Hertfordshire to promote the Community Meals service and highlighting the importance of good nutritional food and preventing social isolation which received good coverage and raised the profile.

The NACC work raising the profile of Community Meals has lead to questions being raised about the service in the House of Lords and the House of Commons and contact with MP's.

The new NVQ level 2 - Professional Cookery Health & Social Care information is now available.

There is currently an extensive review of the NACC publications documents being made ready for re-launch.

Nutrition & Hydration Week commencing 16<sup>th</sup> March, SE members urged to provide information regarding events being held before the event to be promoted.

Due to the increasing number of events held by organisations

that the NACC are being invited to, volunteers are being sought from the membership to attend some events on behalf of the NACC.

The 10 Key Characteristics of good nutrition are being re-launched in mid March.

### **Nutrition & Hydration Week- update from Caroline Lecko and Andy Jones**

Caroline, Andy and Derek Johnson have been providing a huge amount of work to publicise the event commencing 16<sup>th</sup> March 2015. This year is the second year collaboration between the NACC, NHS England and Hospital Caterers Association. N&H Week will be a global event with countries from Australia to USA taking part. A Tea Party event is being held in London and apprentice chefs and cooks will participate in a Master Chef event. Andy informed of the 'power of three' challenge, pulling together a team of three from across health and social care, catering, management, care assistants, preparing a meal and highlighting good practice. Global Tea Parties will take part on 18<sup>th</sup> March and throughout the week. All events taking place are being promoted through social media to raise the profile.

### **NACC Constitution Consultation**

In 2013 it was raised at the TDF a review and update of the constitution was required.

The new constitution has now been amended and updated and verified by a solicitor for legality. All members have received a copy sent in the post. Vivien went through the constitution page by page for any members comments or questions, to take to the next National Executive meeting on 21<sup>st</sup> April 2015, no comments or questions were raised.

The constitution was:

Proposed by Sophie Murray

Seconded by Andy Tucker

Constitution was agreed.

Any members not present at today's meeting have the opportunity to e mail their comments to the SE committee before 21<sup>st</sup> April 2015.

Agreed to be submitted to the National Executive on 21st April 2015. The finalised constitution will be on the agenda at the 2015 AGM held at the TDF.

AOB- Mark informed of the forthcoming 2015 SE Regional Seminars:

- **Tuesday 2<sup>nd</sup> June** - at Sandown Racecourse, including evening

summer social.

- **Friday 27<sup>th</sup> November** – at Sunningdale Park, including the SE Christmas Party

Tracey Smith's presentation will be on the website.

Mark asked the members to feed back any future seminar presentation topics they may like.

Mary Wedge- reminder of this year's TDF dates 30<sup>th</sup> September to 2<sup>nd</sup> October. Early Bird booking discounts are available if booked before the end of April 2015.

Mark thanked all for attending and closed the meeting.