



## **NACC announces Sophie Murray as new Deputy Chair**

Sophie Murray, head of nutrition and hydration at Sunrise Senior Living, has been confirmed as the new deputy chair of the National Association of Care Catering (NACC).

Having received the support of the NACC membership, Sophie will officially take on the role at the NACC Training & Development Forum 2016 on 5-7 October, when the incumbent deputy chair, Adam Michallat-Cox, will hand over the mantle.

As deputy chair, Sophie will support the NACC national chair, Neel Radia, in driving forward the association's important work to continually improve catering provision and services across the UK care sector, and to raise the profile of care catering as a rewarding and exciting career option.

Neel Radia said: "I'm delighted to welcome Sophie as NACC deputy chair. Sophie is a well-known and respected NACC member who has continually supported the association with dedication and verve. Her expertise in the field of nutrition and hydration, particularly in relation to the vulnerable and elderly, will be invaluable to our campaigns. I look forward to working with and learning from Sophie, and harnessing her knowledge and enthusiasm for the benefit of the NACC, our members and those entrusted to our care.

"I would also like to take this opportunity to thank Adam Michallat-Cox for his unwavering support and hard work during his term as deputy chair."

Sophie Murray said: "I am humbled and thrilled to have been appointed deputy chair for the NACC – an important role which I look forward to taking up in October. It's been such a pleasure to be a part of the NACC, and I will be delighted to devote even more of my time to improving catering across the care sector in the UK.

"Working with the brilliant team at the NACC has permitted me to develop my own knowledge, and it will be an honour to work together even more closely in future."

Sophie Murray is head of nutrition and hydration at Sunrise Senior Living and Gracewell Healthcare, where she is responsible for expert guidance on catering and hydration across 45 care homes in the country. It is her mission to consistently stay ahead of the curve on new nutritional developments, and on top of all the latest innovative research into how best to support the needs of older people.

For more information about the NACC visit [www.thenacc.co.uk](http://www.thenacc.co.uk)

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**Notes to editors:**

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The NACC

The National Association of Care Catering (NACC) is a progressive organisation representing professionals providing catering to the care industry. They are recognised by Local Authorities, independent providers, the charitable sector and Government departments as a prime source of information and opinion on all aspects of catering within the care sector and whose primary aim is to improve standards.

The NACC works with a number of partners to:

- Promote and enrich the standard of catering within the care sector, whether that catering be provided by Social Care Departments or other Caring Agencies
- Provide a forum for debate among individuals, companies and organisations of all kinds involved in catering for the care sector
- Facilitate the exchange of information, experience and expertise
- Promote the development of professional standards among those involved in catering for the care sector
- Commission research into matters relating to catering for the care sector
- Publish guidelines, policy papers and authoritative statements on all aspects of catering for the care sector

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