

Minutes of the NORTH REGION Meeting

Date: 15.3.17

<p>Present: Justin Bailey, David Barker, Nick Dutton, Anita Carthew, Ellen Clayton, Louise Wagstaffe, Barbara Freeman, Mandy Pearson, Ismail Uyumaz, Keith Horner, Paul Bowers, Jared Stoker, Walter Main, Stuart Grieves, Jan Royle, David Bryant, Ivan Perkins, Marie Parker, Sarah Hindle, Gillian Hesketh, Susan Waterman, Gwilym Dwyfor-Jones, Russell Curwen, Roger Kellow, Dave Wynne, Rich Platt, Clare Wharton, Cathy Ayrton, Adam Hedges, Paul Crigall, Lisa Rhodes, Elizabeth Taylor, Ryan Blake, David Bagley, William Seddon</p>	
<p>Apologies: None</p>	
<p>Welcome & Introduction:</p> <p>David welcomed all members to the meeting and introduced Clare Wharton of Bolton College, our host for the day. Clare ran through housekeeping.</p> <p>David welcomed Justin Bailey, new Regional Chair, confirmed last week. David also welcomed Nick Dutton, standing for Regional Secretary, nomination close 16.3.17 so anticipate that Nick will be confirmed as Regional Secretary. Anita Carthew introduced to members as has volunteered to help the Northern Region.</p> <p>David then introduced the Chef's taking part in today's cook off – William Seddon, Ryan Blake, Liz Taylor, Paul Crickall, Lisa Rhodes, Adam Hedges and Walter Main. The three judges are Louise Wagstaffe from Premier Foods, who is judging all Regional cook off's, Ellen Clayton, former North Regional Chair, and Jan Royle, also former North Regional Chair. The Chefs and Judges left to begin the cook off. David made members aware that information about the judging criteria was available on the tables. The Chef's have 1 ½ hours to cook a main dish and a dessert, and would be showcasing their meals later in the day. Two Chef's will be selected to go through to the Care Chef of the Year Final to be held on the 7th June at Barking & Dagenham College.</p> <p>David mentioned a change to the agenda, as Matt Healey was due to attend, but was unable to make it today.</p>	
<p>Minutes of the last Meeting:</p> <p>Minutes of the previous meeting had been emailed out. No matters were arising from those minutes.</p>	

<p>Matters arising:</p> <ul style="list-style-type: none"> • Re-cap of Regional Officers – the Chair and Secretary for the Regional had unfortunately had to stand down, Justin has now been ratified as new Regional Chair, and nominations for Secretary close on 16.3.17 – expecting Nick to be ratified at the next Regional Meeting. • David asked whether members were still having problems receiving emails from the NACC – explained that emails would come via MailChimp in the future which should resolve problems. Members may receive a test message from McCullough Moore and said if no messages are received, members should contact McCullough Moore to resolve. • The NACC is celebrating its 30th Birthday this year, and there is a special logo available for use – this is available on the website or by contacting McCullough Moore. • The next meeting will be in June at YPO in Wakefield. Plan to make this a special meeting to celebrate the 30th anniversary. Also looking at new initiatives to increase the membership – BOGOF example, invite a guest for free – this will be discussed at the next National Exec meeting. • Meals on wheels / community meals / luncheon clubs – David asked members to submit case studies – please send to the National Secretary, McCullough Moore or to David • NACC Guides available to buy – available to view here today. All guides are currently being updated. • David mentioned Kingsley who presented at the previous meeting – the university had created a malnutrition tool for use in the community to identify those at risk – Kingsley is looking to produce the tool commercially and is looking for funding. • Around the region – all attendees briefly introduced themselves, explaining their roles and where they work. • David showed members a video of last year’s Training and Development Forum. Roger Kellow spoke to members about the event, and reminded members that the early bird discount ends on the 28th April. Roger explained how the Meet the Buyer session on the Wednesday afternoon works, and the value of it for both attendees and suppliers. After the opening speech from Neel on the Thursday morning there will be a play lasting approx. 1 hour telling stories of the effects of dementia. Venue is the East Midlands Conference centre in Nottingham and The Orchard Hotel (on same site). Venue works really well and plan to use this for the 2018 Forum too. 	
<p>Update from National Executives:</p> <ul style="list-style-type: none"> • Meals on Wheels week last November enjoyed the best publicity ever on both TV and radio. The NACC used a professional company this year and the results were great, and showed the power of social media. Hope to be able to continue to use a professional PR company, funds permitting. Coverage can be viewed on You Tube. There was a press release last week announcing that the NACC has been nominated for the Cost Sector Catering Marketing Award. • The NACC contributed towards the London Food Poverty report last November and we appear to have the Mayor of London on board too. Camden are running a pilot social enterprise scheme based on the Herts Independent Living Scheme. Early days for the project but appears to be going well. • Neel Radia attended the Care England Conference • Sophie Murray attended Food Matters Live on 25th Nov 2016 	

<ul style="list-style-type: none"> • On 2nd Dec 2016 David Sheared presented for the NACC at the Catering for people with Dementia day in Haydock. • The PR and media coverage resulted in Neel attending the House of Commons to discuss meals on wheels with MP's, and has won the support of several MP's. • The NACC National Chair position is now seen as a top 20 position to influence public sector • The Hospitality Show in London – Care Chef of the Year was chosen to represent the NACC here • Roger Kellow has represented the NACC on an expert panel, and he mentioned that the Press were very interested in the stats and figures around the provision of Meals on Wheels around the UK. The need for Social care and Health Care to join forces was discussed • Preston Walker and Sophie Murray attended the Idis Meeting in London to represent the NACC • This week is Nutrition & Hydration week – David asked everyone to feedback what they were doing for this – Bolton Council is running Fruity Friday to mark 	
<p>Presentation: Cathy Ayrton, Age Friendly Officer, Southway Housing Trust. Cathy told us about the project running in Manchester on the Old Moat Estate, which has become a NORC – Southway Housing Trust are leading the way to make communities more age friendly, and to help older people live independently.</p>	
<p>Care Chef of the Year Cook Off: The Chef's were invited to bring their dishes out for everyone to taste. After lunch, all Chef's taking part were presented with a certificate for taking part, and the judges remarked on the exceptionally high standard from all Chefs.</p> <p>Highly commended dessert was awarded to William Seddon Highly commended main was awarded to Ryan Blake</p> <p>The two finalists going through to represent the North Regional were announced as Paul Crigall and Adam Hedges</p>	
<p>Presentation: David Bagley of Urban Outreach – Food Poverty and Food Banks. David gave us an overview of his career as a Chef and talked about their unique approach to the use of foodbanks in the Bolton area, which served 68,500 people last year. As a charity, they also provide summer feeding to children in the Bolton area, and last summer served approximately 44,000 lunches to children.</p>	
<p>AOB: Date of June meeting confirmed as 28th June at YPO in Wakefield</p>	