



**MINUTES OF THE MIDLANDS**  
**Date: 22<sup>nd</sup> March 2017**  
**Venue: Staffordshire College – Rugby Campus**

**Present:**

Preston Walker  
 Simon Parry  
 Carol Tuck  
 Sarah Robb  
 Jo Bonsor  
 Mike Holden  
 Barry Nicol  
 Jamie Green  
 James Pittard  
 Carol Harris  
 Rob Wager  
 Anita Carthew  
 Hannah Seaton  
 Paul Burch  
 Jane Parke  
 Mark Griffiths  
 Matthew Guest  
 Laura Harian

**Apologies:**

Ros Speight  
 Roger Bayliss

<b>1.</b>	<b><u>Welcome Introduction and Apologies</u></b>  PW – Welcomes everybody to the meeting, thanked our sponsor Eden Kafevend and our host Rugby College, he then outlined the plan for the day	
<b>2.</b>	<b><u>Minutes of the last Meeting</u></b>  Were made available – no actions outstanding	
<b>3.</b>	<b><u>Update from The Chair:</u></b>  PR – Provided an overview:	

### **New Ambassadors**

The NACC are pleased to announce Chris and Jayne Roberts as new NACC Ambassadors. Many of you will remember Chris and Jayne who were keynote speakers at the training and development forum in 2016.

Chris and Jayne are committed to educating others about dementias, drawing on their own particular experiences. Jayne's mother has a diagnosis of dementia and, in his early 50s; Chris was also diagnosed with mixed dementia and Alzheimer's.

Chris and Jayne are Dementia Friends champions, ambassadors for the Alzheimer's Society, champions for Join Dementia Research, and members of the Dementia Policy Think Tank for DEEP.

Chris and Jayne have become ambassadors alongside Dr. Jane Wilson who is a registered Public Health Nutritionist, specialising in nutrition and older people.

### **Meals On Wheels Week**

The association had a phenomenal amount of publicity over meals on wheels week, including, National TV, newspapers and radio coverage. (18 radio interviews/ National papers/ BBC Southwest/ BBC North/ BBC Sunday politics)

The week enabled us to also engage with MPs and Ministers, and the NACC is in planning stages of holding a round table meeting next month at the House of Commons.

The NACC worked in partnership with Sustain, and sought meals on wheels best practice case studies, which have been circulated to MPs and Directors of Adult Social Care services to share what can be achieved.

### **Apprenticeship**

The NACC have been working with Peoples First and other hospitality organisations to get approval for a Production Chef Apprenticeship standard put in place. The proposal has gone to the Department of Education for public consultation.

### **CQC Fundamental Standards Guidelines**

The NACC have been working on new guidelines that will be launched in April on how to comply with CQC Fundamental Standards. The guideline will be available online to purchase.

The information has been produced to support all care services

	<p>wishing to drive forward improvements in their nutritional care, and to support them in achieving good or outstanding CQC ratings, for their service and service users.</p> <p>This guidance also provides a valuable and practical resource for care services that are not covered by England’s regulatory framework. It is for anyone who wants to ensure that mealtimes are an important part of their care service and that, as well as the cultural and communal significance of food, there is a balanced nutritional intake.</p> <p><b>Health + Care</b></p> <p>The NACC are working in association with Health+Care at Excel to run a Catering and Nutrition zone on 28<sup>th</sup>/29<sup>th</sup> June. The NACC will be keynote speakers on both days and have a stand promoting our work, guidelines and membership. More details will follow.</p> <p>There was also an update on the Regional Care Chef finals that had taken place along with photos of all the finalists with their dishes.</p> <p>The two regional finalists going through to the national final representing the Midlands region are:</p> <p>Peter McGregor – Care UK Martin McKee – Avery Healthcare</p> <p>We wish them the best of luck...</p>	
<p><b>5.</b></p>	<p><b><u>Speakers:</u></b></p> <p>The speakers commenced with Sarah Robb, who provided an overview on Social Media, a copy of her presentation is attached, along with Sarah’s contact details should anybody want to contact her for further help and advice.</p> <p>This was followed by a presentation by Eden Kafevend, our sponsors for the day they provided us with overview to their business along with details of the various solutions they can offer the care sector, they also has equipment set up to allow us to taste the products, a copy of their presentation is attached.</p> <p>We then had a lovely lunch cooked and served by the students of Rugby college; this was followed by a tour of the facilities.</p> <p>Our final speaker of the day was Jo Bonsor, who gave an very interesting and insightful view into her experiences with dementia and ways of improving the whole dining experience, a copy of Jo’s information will be available shortly.</p>	
<p><b>6.</b></p>	<p><b>Committee and AOB:</b></p>	

	Jane Parke advised that this will be Carol Harris's last NACC meeting as she is retiring; we all thanked her for her huge contribution over the many years she has been active within and NACC and wished her all the best for her retirement.	
<b>7.</b>	<b><u>Date of Next meeting:</u></b> 21 <sup>st</sup> June – Unilever – Marmite Factory – Burton on Trent	