

### PROVISIONAL PROGRAMME

#### Wednesday, September 9

14:00 REGISTRATION, COFFEE & EXHIBITION VIEWING

15:30 Afternoon tea in exhibition rooms

16:30 Exhibition closes

16:30-17:30 **NACC Annual General Meeting**

19:30 **'Welcome to Hollywood' - a pre-conference networking evening**

#### Thursday, September 10

08:30 REGISTRATION, COFFEE & EXHIBITION VIEWING

#### 09:30 **Opening Address**

*Sue Ullmann, Chair, National Association of Care Catering*

#### 09:45 **Nutrition at the heart of care**

*Gordon Lishman, Director General, Age Concern*

Keynote address to delegates to include the Age Concern perspective on nutrition at the heart of care, together with Gordon's update on the work of the Nutrition Action Plan Delivery Board.

10:30 COFFEE, WATER & EXHIBITION VIEWING

#### 11:00 **WORKSHOPS OR EXHIBITION VIEWING**

##### **1. Reducing harm from nutritional care**

*Caroline Lecko, National Patients Safety Agency*

This workshop will provide delegates with the opportunity to learn about the nutrition related incidents reported to the National Patient Safety Agency and to consider how the nutritional care/services they deliver has the potential to cause harm to service users. Delegates will have time to identify the barriers they have to delivering safe nutritional care. The final part of the workshop will enable the attendees to consider opportunities within the services they provide for improving the safety of nutritional care.

##### **2. Nutrition and healthy eating within the community**

*Dr Mabel Blades, Dietician and Nutritionist*

Delegates will cover provisions, portions and a practical approach to food and nutrition, together with what is a MUST score of 4? What is soluble fibre? What does BMI mean?

#### 11:45 **WORKSHOPS OR EXHIBITION VIEWING**

##### **3. Malnutrition in care catering**

*Dr Marnie Sommerville, The Nutrition Training Company*

This workshop will consider:

- Under and over nutrition, common nutrient and other deficiencies, calories and saturated fat focus, modified texture diets relevance to care commission guidance (Scotland) and National Care Standards and Nutrition Action Plan (England).
- Possible future developments in nutrient and food standards.
- Training provision in the marketplace and the role of dietetic audits

##### **4. Personalisation agenda**

*Speaker and full workshop topic to be confirmed*

12:30 LUNCH

#### 14:00 **Nutrition action plan**

*Elaine Cass, Practice Development Manager, Social Care Institute for Excellence*

#### 14:45 **Eating well for dementia**

*Lisa Wilson, Science Director, Caroline Walker Trust*

15:00 COFFEE, WATER & EXHIBITION VIEWING

#### 16:00 **Addressing malnutrition in sheltered housing**

*Imogen Parry, Director of Policy ERoSH & Independent Sheltered Housing Consultant*

*Christine Russell, BAPEN's Nutrition Screening & Independent Nutrition Consultant*

More older people live in sheltered housing than in care homes. The presenters will describe a training programme for scheme managers which includes the use of the 'Malnutrition Universal Screening Tool' ('MUST') and a non-clinical tool for identifying the risk of malnutrition in older people living in sheltered housing and the linked project undertaken to establish the prevalence of malnutrition in sheltered housing. They will also draw on the recently published Good Practice Guide on Addressing Malnutrition

17:00 Close

#### Friday, September 11

09:00 REGISTRATION & COFFEE

#### 09:30 **Food as treatment**

*Rick Wilson, Director Dietetics and Nutrition, Kings College Hospital, London*

Rick is a passionate supporter of the benefits that high quality catering services can provide to the well being and treatment of patients in hospital, residential care and the community. Today he will share with us his vision of how we can collectively make a difference.

#### 10:00 **The Friday Kitchen!**

The chef demo's are back but not as we know it, today's demonstrations will include suggestions for daily meal offerings in line with NACC Standards from our line up of top chefs.

#### 11:50 **Conference close**

*Sue Ullmann, Chair, National Association of Care Catering*

12:00 LUNCH & DEPART

NB Speakers and content are subject to change