

Event: South West Winter Meeting

Theme: Catering with Confidence: Challenging Myths and Owning our Expertise

Date: Friday 28th November 2025

Time: 09:30 - 14:00

Venue: AbleCare Group, Unit 19, Apex Court, Woodlands, Almondsbury, Bristol BS32 4BS

AGENDA

09:30 - 10:00: Arrival for refreshments, networking and sponsor exhibition

10:00 - 10:15: NACC regional team welcome and update

10:15 - 11:00: Preston Walker & James Ball, OHK, IDDSI session

11:00 - 11:45: Josh Hawker, Welcome to AbleCare Kitchen, Coffee & Networking

10:45 - 12:05: Group discussion led by Patrick Fenfersteifer, Care South

12:05 - 12:25: Tess Warnes, allmanhall Dietitian - Diabetic diets

12:25 - 12:55: Lunch kindly provided by AbleCare Kitchen

12:55 - 13:15: Porthaven Care - Approaching care home menu development

13:15 - 13:35: Vegetarian for Life - Inclusive and nutritionally balanced desserts

13:35 - 14:15: Group activity: Fact or fiction?

14:15: Close

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