

Event: Midlands Winter Seminar

Date: 4th of December 2025

Time: 9 am - 3.30pm

Venue: Atosa House
280 Wellingborough Road, Wellingborough, Northants
NN8 4BW

AGENDA

- 09.to 9.30 Delegate Arrival, Networking, Exhibition Viewing, Tea and Coffee
- 9.45 **Welcome, housekeeping and Introduction to Atosa**
Noel Finnegan Midlands Chair
Andy Cullum, NACC Midlands Deputy Chair
Steve Kirkwood Regional Sales Manager, Atosa
- 10.00 **Christmas Cooking Demo from PJ Care Chef**
- 10.30 **Helping you to understand Diabetes, Sophie Murrey**
- 10.50 **Jamie Clews cooking demo. Metclafe Catering**
How to turn your food waste into some tasty Christmas treats
- 11.30 *Comfort Break*
- 11.45 **Ema Marsh from community integrated care**
Talking about the work they are doing in the community, helping to reduce choking incidents for people living in the commentary with dysphagia who have learning disabilities.
- 12.10 **Steve Kirkwood Atosa will be cooking a wonderful lunch for you all**
- 12.45 Lunch and Exhibition Viewing
- 13.30 **Izzy from Cygnet heath care talking about the forward think they do during an assessment**
- 14.00 **Jemma Lusty National Account Executive, An overview of Lakeland Dairies Immersion Day – Adding goodness to every meal: fortification made simple’**
- 14.30 **high lighting the Sustainability in a care setting Bidfood.**

15.00 Hydration and nutrition. simple ways of making smotheys and shakes for all of are residents. Chris Pickard Avery Heath Care and Andy Cullum The iddsi Guy Ltd.

This is an interactive session where we will drink what has been made.

15.30 Closing comments