



Minutes of the NORTH REGION Meeting

Date: 26.6.18

<p>Present: David Barker, Anita Carthew, Elaine Lane, Karen Cunningham, Haydon Henry, Neil Greer, Amanda Woodvine, Maggie Lister, Ellen Clayton, Janine Nelson, Angie Fitzpatrick, Carole Webster, Carol Salter, Teresa Walters, Carol Swaby, Keiran Whitehouse, John Lancaster, Rik Shipley, Kate Shipley, Alison Redhead, Penelope Gibson, Anthony Leigh, Ismail Uyumaz, Raj Govindan, Anthony Newton, Laura Smith, Lorraine Coultas, Mary Riley, Andrea Dearlove, Donna Halasz, Paul Kerr, Haleh Moravej, Nicole Fowler, Amanda Woodvine, Maggie Lister, John Lancaster</p>	
<p>Apologies: Judith Scurr, Nick Dutton</p>	
<p>Welcome & Introduction:</p> <p>David welcomed all members to the meeting and explained that Darren Byford wouldn't be able to join us today so there would be a change to the agenda as Darren was due to present.</p> <p>David thanked YPO for hosting the meeting for us.</p> <p>David provided an outline of the agenda for the day and introduced the speakers –, Elaine Lane HCPC Registered Dietician our keynote speaker, Amanda Woodvine and Maggie Lister from Vegetarian for Life. He also introduced Neil Greer from Falcon Foodservice Equipment, Karen Cunningham from Generation Juice who were our sponsors for the day.</p>	
<p>Minutes of the last Meeting:</p> <p>Minutes of the previous meeting had been emailed out. No matters were arising from those minutes.</p>	
<p>Matters Arising & Update from National Executives:</p> <ul style="list-style-type: none"> • Legal status of the NACC – video played explaining that the NACC are looking at a possible change of status to a CIO. A vote will take place at the AGM this year to make the final decision, but the Exec Committee is recommending that we change to a CIO for the benefits it would bring • The new website has now launched and a video was shown which outlined the new sections and the benefits to members • David explained the publications that are available to members, together with 	

<p>pricing and the discounts that apply to members</p> <ul style="list-style-type: none"> • Meals on Wheels Week 5-9 Nov 2018. Scotland has recently announced that all MoW services are being closed. The NACC are looking for ideas to raise awareness and have engaged with APSE to carry out research to get an updated picture on the state of the service across the UK to compare with previous research. This will show the changing picture and the research will be available for MoW week in Nov. There will be a big social media campaign. David mentioned the badges that can be purchased where the proceeds go towards funding MoW week activities. • Qualification – The Level 2 in Professional Cookery in Health & Social Care is now available and being offered at Barnet Southgate College. It's a one day per week course over 10 weeks and now includes IDDSI. Information has been included in the delegate packs. David also mentioned that if anyone has connections or works with a college that would be interested in offering the course to let him know. • TDF 3-5 Oct in Nottingham. Award nomination forms can be downloaded from the website. • IDDSI – information has been included in the delegate packs. Needs to be adopted by April 2019 – this is a topic we will be covering in the November meeting • Next meeting will be on the 14th November in the Manchester area. Entitled Happy Eating, we will be looking at the psychology of eating, meal times etc. Venue to be confirmed. 	
<p>Presentation: Generation Juice – Karen Cuningham. Karen had brought along an innovative juice vending machine for everyone to try (very delicious!).</p>	
<p>Presentation: Elaine Lane was our keynote speaker. Elaine is an HCPC Registered Dietician, a member of the BDA Older People Specialist Group & BDA Public Health Nutrition Network and a registered Nutritionist. Elaine concentrated on what to do at the point you calculate the MUST score for a resident – how to look for the causes of malnutrition and the best steps to take to remedy the issues.</p>	
<p>Presentation: Amanda Woodvine and Maggie Lister – Vegetarian for Life. Amanda introduced us to the work done by the organisation and Maggie talked about the different products that are available for vegetarians and vegans – and provided us with chocolate tofu!</p>	
<p>Presentation: Neil Greer, Falcon Foodservice Equipment. Thanks to Falcon for sponsoring the day. Neil entertained us with a quiz about Falcon's history – well done to Maggie Lister for winning the bottle of wine!</p>	
<p>AOB: Reminder that the next meeting is on the 14th November – venue and agenda to be confirmed.</p>	