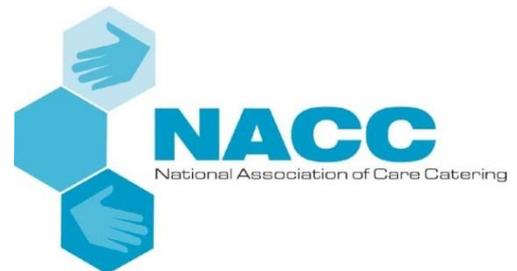


MINUTES OF THE Scottish Regional Seminar
Date: 5th December 2018
Venue: Grand Central Hotel, Glasgow, G1 3SF

<u>Present:</u>	Gary Nicholl (Vice Chair) David Nisbet (Secretary) Jacqueline Dennis (Speaker) John Grover (Speaker) Stella Stewart Joyce Gordon	Stephen Grahamslaw Brian La Combre Kevin Clark Ian Grant Kim Stringer Colin Millar	<u>Apologies:</u>	Shona Grant (Chair) David Blackwood Stuart Middleton Terry Ann Good
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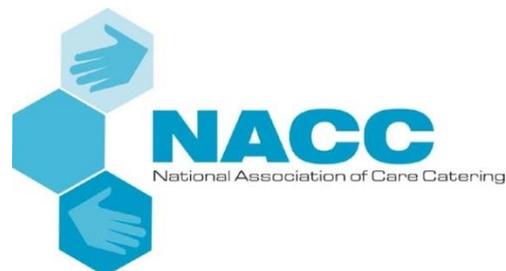
1.	<p><u>Welcome Introduction and Apologies</u></p> <p>Gary – Welcomed everyone and apologised on behalf of Shona who was unable to attend, as she was at an Executive Meeting in London where the Duchess of Cornwall was due to be present, kicking off introductions round table – see sign in sheet.</p> <p>Provided a run down on agenda and information relating to housekeeping.</p> <p>Gary – Noted that our previously planned meeting in June was cancelled due to lack of numbers and put it to members that ideas would be welcomed with regard to increasing attendance.</p> <p>Gary – Thanked Appetito & Hobart for sponsoring today’s meeting.</p>	
2.	<p><u>Minutes of the last Meeting</u></p> <p>Previous meetings minutes (6/11/18) reviewed by Gary.</p> <p>Minutes from last meeting proposed by Joyce Gordon and seconded by Jacqueline Dennis.</p> <p>Amendment to apologies, Brian La Combre.</p> <p>Last Decembers (6/12/17) meeting minutes reviewed by Gary.</p> <p>Minutes from last meeting proposed by Stella Stewart and seconded by Brian La Combre.</p>	
3.	<p><u>Matters Arising</u></p>	



	None discussed.	
4.	<p><u>Update from National Executive</u></p> <p>Executive meeting minutes (24/10/18) reviewed by GN.</p> <p>Gary advised that previous ambassador Baroness Greengrass had stepped down and the position had been taken by Baroness Liz Barker.</p> <p>NACC Training Academy has been introduced which was announced at this year's TDF.</p> <p>Meals on Wheels information has been circulated, Gary provided an overview of why this has been an issue high on the NACC's agenda.</p> <p>During MoW week highlighted the problems on the Monday and then provided solutions on the Wednesday via a series of six case studies.</p> <p>A webinar was also hosted during the week.</p> <p>David Barker, North West Region attended a lunch for ? hosted by Baroness Boycott.</p> <p>Notification of Care Chef 2019, highlighted to service providers and engaging involvement. Jacqueline Dennis offered to tweet her followers with regard to next year's competition.</p> <p>John Grover provided an overview of the competition and his past experiences as well as his view on venues. A couple of suggestions were tabled and others would be welcomed.</p> <p>During the TDF it was passed that the NACC will be applying for a charitable status.</p>	



5.	<p><u>Regional Office Nominations</u></p> <p>Election of committee members tabled by GN.</p> <p>Positions are elected each year with no set time frame for being in post.</p> <p>Voting taken forward as per nominations:</p> <p>Shona Grant, Chair re-elected</p> <p>Gary Nichol, Deputy Chair re-elected</p> <p>David Nisbet, Secretary vacated position</p> <p>David Blackwood, elected Secretary</p>	
6.	<p><u>Round the Regions</u></p> <p>Joyce Gordon – MoW seen as a low-level service, it does not have a statutory status, however, it is a beneficial service. Following a meeting last week management have now been convinced that it is a required service, it will be stand-alone and by online referral. Hoping to increase profile of the service. Cost of £3.45 for two courses.</p> <p>Stella Stewart – Fife have been running homes for three and a half years, taking over 16 homes which were traditional style and run by managers who were autonomous. Busy looking at Festive menus, consulted residents and cooks to agree a standard offer throughout all homes within Fife, in an effort to ensure everyone home has a similar standard of meal offered. Challenge has been a change of suppliers from Brakes to Yules, ensuring compliance is met.</p> <p>Brian La Combre – Appetito have been working with customers relating to changes in legislation with texture modified food. Scotland Excel contract is due to be retendered in 2019 and that is to be</p> <p>Kevin Clarke – Rational UK (WoS) rise in care homes for training, focussing on new business. Offered the</p>	



<p><u>Round the Regions (contd)</u></p> <p>opportunity for members to attend CookLive events where discussion on how to cook meals can be</p> <p>Ian Grant – Rational UK (Vario – Scotland) discussed the features and benefits of the Variopan and some of the customers currently being targeted.</p> <p>Stephen Grahamslaw – (Falcon Foodservice Equipment) 200 years old, company started originally manufacturing cannonballs. Stephen has offered Falcon’s facilities for a future meeting.</p> <p>Kim Stringer – Attended an award ceremony at Houses of Parliament in recognition of chef of the year and supplier, which was well attended. Memory Care pledge has been another initiative V for Life have been working on in terms of people with dementia that have indicated they wish their beliefs to be protected, remaining as a vegan/vegetarian and how this can be implemented. Finally Kim handed out new Festive delights recipe booklets.</p> <p>John Grover – Meallmore have had a change in management, David Blackwood has left to join Balhousie as Hospitality and Catering Manager. David’s role has been replaced by two Development Chef’s (Stuart Middleton plus another). In John’s home his presentation for the role of Development Chef was well received it has now been implemented. High turnover of non-British staff in the home, training has been setup with regard to diet and IDDSI. Weight loss is a concern, which is not always documented on the care plan, further emphasis has been placed on training to assist.</p> <p>Colin Millar – Smeg Foodservice provided an overview of the products offered by the company.</p> <p>David Nisbet – Hobart UK Cooking Solutions highlighted product offer and the merger between ware wash and cooking taking place in January to provide greater</p>	
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	<p><u>Round the Regions (contd)</u></p> <p>collaboration with regard to end user and distributor customers.</p> <p>Gary Nichol – Highlighted that the HCA WoS is holding a Training and Development day at Seamill Hydro on the 8th February, there is an invite to NACC service provider members.</p>	
7.	<p><u>Speakers</u></p> <p><u>IDDSI TWAT (John Grover, Meallmore):</u></p> <p>Numbers 0 to 7 identifiers, identified by numbers and coloured labels.</p> <p>Most common texture diet in Meallmore establishments is C (C & D, couple of B).</p> <p>John discussed framework, see presentation.</p> <p>Syringes must be the same to provide standardisation, hold syringe pour in 10ml, remove finger etc to thick add, to thin add.</p> <p>Nutrillis clear changed packaging.</p> <p>Level six (blue) – soft bite sized pieces – Baked Beans. This can differ dependant on brands (Heinz/Tesco). Tesco has a thinner sauce in comparison to Heinz. When tilted looking for it to form a shape on the plate.</p> <p>Level five (orange) – minced and moist – Couscous salad.</p> <p>Level four (green) – pureed – Consistency of mousse, smooth no lumps.</p> <p>Level three (white) – liquidised – Soup. Difficult to provide prescribed calories, use of fortification helps.</p> <p>October 2017 formal adoption of IDDSI framework, John believes that a roll out process has begun. Jacqueline</p>	



	<p>advised that Glasgow has started on fluids.</p> <p><u>Speakers (contd)</u></p> <p>Free downloadable APP – IDDSI.</p> <p>Gary highlighted that other thickening agents are available, conscious that the presentation was prepared by Nutricia.</p> <p>Kim noted that she is aware Nutricia’s product is suitable for vegetarians/vegans but not aware of other products.</p> <p><u>Care Inspectorate – Jacqueline Dennis:</u></p> <p>Thanked us for inviting her to attend today’s meeting.</p> <p>Spotlight on Food and Fluid microsite being formally launched tomorrow, 6th December 2018. There is a wealth of information on the website relating to diets, nutrition.</p> <p>http://hub.careinspectorate.com/improvement/spotlight-on-improvement-for-adults-and-older-people/spotlight-on-food-and-fluid/</p> <p>Information relating to NACC can be highlighted on the website if forwarded to Jacqueline.</p>	
<p>8.</p>	<p><u>Closing Remarks</u></p> <p>Gary discussed next year’s meetings, welcoming any suggestions for venues as well as topical speakers.</p> <p>Gary wrapped up the meeting, summing up earlier points of discussion.</p>	
<p>9.</p>	<p><u>AOB</u></p> <p>Ideas would be welcomed to increase membership.</p> <p>Next meeting scheduled for 4th March 2019 at Cook School, Kilmarnock.</p>	<p>DN</p>