



Activity provision:  
'What would you like to do today?'

Asa Johnson

Project Manager- Activities & Memory Care

## Activity

Living life- enabling people to live well

The person is at the core- who are they, what are their experiences, who is important to them, what is important to them?

Living life. Being independent. Having a sense of purpose. Doing things that are important to you.





LIVE WITH  
PURPOSE



# Enriched memory care model

PAL and individual activity plans

Life Skills Stations

OmiVista 'Magic Table'

Memory care pathway training

Enriched dining model

“Carers and residents eating side by side and all together, bottles of wine being poured and smiles all round.... Makes me proud to be a member of the team”





## Activity focus events for 2019

January- RSPB Big Garden Bird Watch

February- Real Bread Week

March- Global Tea Party  
World Rocks Against Dementia

April- Gardening Week

Whole year- Creative Arts / NAPA “Year of the Arts”



# Projects

## Motiview- Cycling for older people

- Motivational physical activity
- Norwegian company, Sport England funded
- 9 month trial, 8 communities involved



## LAUGH- HUG comfort object

- Cardiff Met University
- 2 year project
- HUG- tactile, multi-sensory comfort object

