



MINUTES OF THE MIDLANDS
Date: 9th December 2015
Venue: Prison Service College, Newbold Revel

Present:

Deputy: Simon Parry
 Secretary: Carol Harris

Tom Anderson Dixon
 Sharon Bowen
 David Byrne
 Justin Clarke
 Martin Dore
 Alan Drayton
 Peter Glossop
 Dave Grundy
 Roger Kellow
 Lisa Nurse
 David Oliver
 Simon Parry
 Janis Sargent
 Amanda Smitheringdale
 Ros Speight
 Carol Tuck
 Preston Walker
 Kate Williams

Apologies:

Chair: Jane Coleman
 Vicki Shaw
 James Bates
 Andy Jones

1.	<p><u>Welcome Introduction and Apologies</u></p> <p>CH – Thanked everybody for coming, introduced the speakers for the day, advised of the changes to the agenda due to last minutes cancellations.</p>	
2.	<p><u>Minutes of the last Meeting</u></p> <p>Copies were made available</p>	

<p>3.</p>	<p><u>Matters Arising</u></p> <p>CH – Asked if all attendee’s had received nomination forms for the regional elections, all confirmed that no, these had not been received; this issue needs to be brought to the attention of head office.</p> <p>CH – Invited members to make nominations and confirmed those nominations received. The following post holders were confirmed and approved by members:</p> <p>Jane Coleman – To remain as chair for a further year Simon Parry – Deputy Chair Carol Tuck – Secretary Preston Walker – Co-opted member</p> <p>She also asked for other member to consider joining the committee as co-opted members to help with planning events etc.</p>	
<p>4.</p>	<p><u>Update from National Executive</u></p> <p><u>National Executive Summary for Regional Business Meetings</u> The NACC had a successful National Meals on Wheels Week and we would like to thank all members who supported in achieving this success. There were a lot of pro-active awareness campaigns taking place both nationally and locally to raise awareness of the valuable service and the outcomes of these will be shared in due course. Some highlights of the week included:</p> <p>NACC addressed National Pensioners Parliamentary Rally.</p> <p>I had the opportunity to address the Rally at House of Commons on Wednesday 4th November and spoke alongside Nick Thomas Symonds MP Pensions Minister and Kelvin Hopkins. Further information available via http://bit.ly/1Mx9GYF</p> <p>Petition</p> <p>The event at House of Parliament prompted the NACC to launch a petition calling on government to protect Meals on Wheels services and make it statutory in law. If you have not already signed the petition please do so via https://petition.parliament.uk/petitions/111854 and share with your contacts.</p> <p>VIP Meals on Wheels</p> <p>The ongoing initiative has seen industry leaders and important people including MPs and journalists go out on Meals on Wheels rounds across the country to see for themselves why supporting this service is so important. This was covered in all industry press and will continue to be covered in the year ahead as many more have approached us to</p>	

experience the service as well. If you are a local authority member and are happy for VIPs to go out on your meal rounds please let us know.

Service User Videos

The NACC launched daily short videos on social media of service users who receive meals on wheels and share why the service is so important to them. If you missed any videos they can be viewed via the NACC website. Thanks to all members who sent in service user videos and the Hub PR for editing all 30 with compliments.

Letter to MPs

Last week the NACC sent out on your behalf a letter to all MPs and Ministers to share with them why Meals on Wheels was so important and ask for their support. A copy of the letter can be found here <http://bit.ly/1LhRDnn>

Press

The NACC was quoted in several local and national presses as well as speaking on local and national radio about importance of the service. Copies of these articles are being collated and will be available on the meals on wheels page on NACC website. Copy of the press release here: <http://bit.ly/1OyWyYJ>

Going Forward:

With the spotlight heavily on Meals on Wheels especially with the Comprehensive Spending Review just a week away the Association will continue to raise awareness of the issues around Malnutrition in our communities. As we progress we will ensure to keep you updated.

Other Executive news:

Training and Development Forum

Following a successful event this year we are pleased to confirm the dates for the NACC TDF 2016 are 5 – 7 October at the East Midlands Conference Centre/ Orchard Hotel.

We will release early booking prices in the New Year and would encourage members to take advantage of these outstanding preferential rates.

Care Cook of the Year 2016

We are delighted to confirm details for the competition next year and say it is with great pleasure that we confirm our sponsors for the event will be The Worshipful Company of Cooks and Premier Foods, their commitment will enable us to develop the competition going forward.

	<p>Entry Forms are available via the NACC website now, together with essential timelines and competition rules. The Final will take place at Barking and Dagenham Technical Skills Academy on 8 June 2016.</p> <p>Out and about</p> <p>The NACC executive has been working tirelessly behind the scenes to promote the Association and the work we do to as many people as possible. This includes speaking and having stands at:</p> <p>Food Matters Live, London Care Catering Forum, Sheffield Catering Equipment Suppliers Conference, Wembley</p> <p>The NACC are always looking for volunteers to either help on regional committees or ad hoc on special NACC initiatives. If you have any interest in anything we do please let Roger Denton, National Secretary know.</p>	
<p>5.</p>	<p><u>Speakers:</u></p> <p>JoCo – Farai Pfende / Kate Williams - Music at Mealtimes – a copy of the presentation will be made available on the website for members</p> <p>Prison Service – David Oliver – Challenges faced in prison catering – a copy of the presentation will be made available on the website for members</p> <p>Hydration in Social Care Catering – Tom Anderson-Dixon – a copy of the presentation will be made available on the website for members</p>	
<p>6.</p>	<p><u>Training and Development Forum / Care Cook 2016:</u></p> <p>Roger Kellow presented a review of this year’s Training & Development Forum and introduced Care Cook 2016</p>	
<p>7.</p>	<p><u>Ready Steady prepare:</u></p> <p>Dave Grudy, Amanda Smitheringdale, David Oliver and Simon Parry took part in “Ready Steady Prepare” producing festive treats using limited ingredients</p> <p>And the winner was... David Oliver</p>	
<p>8.</p>	<p><u>Date of Next meeting:</u></p> <p>25th February 2016 – Venue TBC</p>	