

MINUTES OF THE MIDLANDS REGION
Date 17th February 2015
Venue Hobart UK
Southgate Way
Peterborough
PE2 6GN

Chair Jane Coleman
Deputy Simon Parry
Secretary Carol Harris

Attendance 24 pax incl. speakers

1.	<p>Arrival and Refreshments</p> <p><u>Welcome Introduction from Chair</u> Jane thanked David Grundy and Hobart for hosting and sponsoring the meeting</p>
2.	<p><u>Minutes of the last Meeting</u> Copies circulated along with copies of NACC publications and papers, copies of constitution with new proposed changes</p>
3.	<p><u>Matters Arising</u> We have been attempting to update our members list, which has proved quite problematic. It appears that members have not been receiving communication from us, for a number of different reasons. When checking emails please be sure to check any correspondence form NACC has not been put into your SPAM boxes. Please also check if you are a Corporate Member that all the 4 eligible members from your organisation are correctly named and recorded by NACC. Every member can check their membership details on the web site and amend any errors or update as required As a committee we have contacted everyone on the list and several have offered their apologies this meeting because of half term. Can we ask that we have your correct and current details and that if you are a corporate member can you provide us with your other corporate members' details. If communication is going to your spam account can you have it redirected? Other items dealt with in business meeting</p>
4.	<p><u>Update from National Executive</u> Points to note: All regions now have their own email account. The Good Practice Guide a new book on fortification has been published. Preston Walker, Midlands's member was instrumental in the setting up of this. (A copy was on display for members at the meeting.) They can be purchased for £25.00</p>

Roger Kellow and Mary Wedge will take the title of Events Organisers and facilitate any major events in future

Care Cook: this has historically been organised by the Deputy Chair, but the competition has grown and advanced in leaps and bounds into a big event so much so that it will in future be organised by Roger and Mary who also organise the TDF.

Care Cook Closing date was extended to February 13th and the Midlands had 24 candidates and of these 2 will be ultimately take their place with other semi-finalists at the final cook off. The Midlands Regional Cook off will be taking place on 26th March. We have Stratford College, Rugby as a venue and if any members would like to attend please let one of the committee know. This year the initial shortlisting will be done centrally **TDF, 30 Sept – 2nd Oct 2015** and a return to the excellent venue in Nottingham. For those who did not attend please book this in your diaries now for next year. Roger elaborated on offers and arrangements for this year the format will be similar with Westminster College again running training sessions. Early Bird bookings will be available shortly. There will again be a meet the buyers event on the 1st Day again

Nutrition and Hydration Week, week 16th – 22nd March

Derek Johnson sent lanyards for all who have activities going on. Leicestershire and Nottingham County and Nottingham City are running activities e.g. An inter-County bake off organised by Unilever. Derek is sending out newsletters so any events you are doing please forward on for inclusion. There are now 32 countries involved. PG Tips are still offering tea party packs

Care Catering NVQ's – Caroline Lecko, Mark Taylor and some chefs met for a final meeting with the Hospitality Guild and Barnet and Southgate College, funding has been agreed and 4 chefs will be paid for to train as assessors. A pilot of the course is to be run - funded by the innovation code Once the pilot has run and people have gained the accreditation it can be submitted to City and Guilds The NVQ is level 2 and will consist of the standard elements and the add-ons. Ideally Mark is looking for 7 chefs from Health and 7 from Social Care for the pilot which will run for 21 weeks commencing in May. This will be in the London area but anyone wishing to go on please come forward and contact Mark Taylor of NACC South East.

NACC Publications One of the biggest NACC income streams are the publications which are in various stages of updating but we as members do need to push these forward.

National Community Meals Week 2015 – This year's events will be back to individuals and companies to organise their own events as before. There will be some National activity going on but not to the scale of the last two years. A small working group has been set up consisting of Roger Denton, Michael Hales, Adam Mallachant Cox, David Barker and Jane Coleman. Last year's Community Meals Week events achieved our goals by drawing interest to the provision and decline of meals services country-wide. It has been raised as a question in parliament and is being talked about in the press. Baroness Greengross has sent a letter to all ministers

5.	<p><u>The Constitution</u></p> <p>Members were reminded that there was a discussion in 2013 about the constitution needing to be updated and re-written. In the past additions have been made but the constitution as a whole has never been looked at. The task of review was given to all past chairs who were invited to form a panel. All members were sent a copy of The Constitution through the post. Copies were circulated at the meeting for members to discuss and raise any items or questions. In order for proposed changes to be voted on at the AGM comments were requested and recorded and will be forwarded to the three National Officers. Jane summarised the principal changes proposed and then went through the Constitution one page at a time and points were raised and discussed by and with members present. Members discussed generally incorporation, clarification of what has previously been custom and practice and details of posts and duties of exec members.</p> <p>Page 17 clarification of how to use the name of NACC in publicity was discussed page by page pages 1 (cover)2/3/4/5/6 point 34 discussed – suggest replace or with and Pages 7/8/9/10 agreed after clarification 2 regional members may attend NACC exec Mtgs but do not have to be Regional cttee members Pages 11/12/13/14/15/RK commented operations and activities of regions have been moved to Byelaws in Constitution to distinguish it from the main body of the Constitution discussion followed P15/ typo 6.1 recognisers should read recognises Pages 16/17/18/19 all voted by a show of hands in agreement of document subject to minor errors detailed above.</p>
6	<p><u>Speakers</u></p> <p>Mandy Stott and Colleen Smith of Leicestershire County Council - MS and CS gave a presentation outlining the effects of the new Care Act when it becomes enacted a law in April this year. In principle the care act has health and wellbeing of individuals Wellbeing is central The Care Act amalgamate a series of old legislation and will in addition now include law for carers raising them up to the same status as the people they care for It includes caps to care costs and a duty for local authorities to provide information advise and advocacy which can be in the form of preventative services The Dept. of Health is centring its current publicity on the effect and o cares eligibility and deferred payemts but more will be see throughout the year as local authorities come to grips with how the new legislation will shape their work Power point attached MS and CS offered to answer any member question by email if request If you wish to ask anything please send an email to Carol Harris initially and she can pass your request to the ladies threaded throughout its objectives Care Act</p> <p>Speaker Tracy Smith of Food Standards Agency works in Food Bourne Disease Control talked about the FSA Strategy and Reviews at present including her work on Campylobacter Listeriosis and other food poisoning causes and pathogens. Campylobacter has been the subject of a high profile programme of activity by the FSA and is the most common</p>

	<p>form of food poisoning in the UK at present However, most deaths from food poisoning are actually caused by Listeriosis which has a high mortality rate particularly among those who are hospitalised The incidents of death amongst those contracting Listeriosis is known to be a third of sufferers and patients and a common source in hospitals has been identified as pre prepared sandwiches although other sources such as soft cheese and unpasteurised foods pates and salads</p> <p>There followed a very lively discussion about sandwiches temp control and incubation periods but ultimately we all agreed the at the key to control is temperature control of food from farm to fork The problems occur when there is a break in the chain of control</p> <p>In May FSA will be promotion Food Safety Week and the theme will again be Campylobacter. Members wishing to find out more about Campylobacter and the work of FSA should look on their web site and sign up for the e-newsletter Power point attached</p>
7.	<p>The members had lunch was followed by a tour and demonstration of the Hobart works and products plus tasters and samples of more fresh cooked food in the impressive demonstration kitchen Hobart treated us to Bacon and Sausage breakfast on arrival and a wonderful lunch (a lot of comments went on about the sandwiches after our last speaker but of course we are all safe and well)</p> <p>Anyone who went home hungry was obviously on a diet or not interested in eating that day.</p> <p>We even had apples and pears for our last activity of the day a Nutrition Game which two teams - the apples and the pears battled. There was a lot of good hearted rivalry, ribaldry and heckling from both teams.</p> <p>At the end of the meeting we discussed future venues and subjects for meetings Members agreed that they would like to invite Westminster College for a half day training and possibly visit a prison The Committee will investigate</p>
8	<p>Date of Next Meeting Wednesday 17th June 2015 Ronnie Ownsworth's Rapeseed Oil Farm, Fulbeck,, Lincolnshire</p> <p>Christmas Meeting 9/12/15</p>
9.	<p><u>AOB</u> To clarify boundaries of the Midlands Region , as requested</p> <p>Geographical Area The region is bordered to the west by the Welsh border, and the Norfolk and Cambridgeshire borders to the east. The northern extent of the region is the northern boundaries of Lincolnshire, Derbyshire, and Staffordshire, and to the south the southern boundaries of Hereford & Worcestershire, Warwickshire and Northamptonshire</p> <p><i>Minutes prepared by Carol Harris, Midlands Secretary</i></p>