



**MINUTES OF THE South East Spring Regional Seminar**  
**Date: Wednesday 11<sup>th</sup> March 2020**  
**Venue: Brakes Innovation Centre, Reading, Berks**

**Present:** Mark Taylor; Chair, Cathy Amos; Deputy, Vivien Rose; Secretary, Helen Archbold, Sam Bawden, Alex Beaton, Ollie Bragg, Tara Butler, Domenico Cassano, Ellen Crossan, Simon Gardiner, Adrian Groves, Dan Head, Lisa Humphreys, Alina Paun, Mailys Robillard, Kieren Walton, Sue Perry, Alan Brazier, Dave Cliff, Peta Mandleberg, Steve Harding, Christine Lewis

**Speakers:** Sophie Murray (Sunrise Senior Living & Gracewell Healthcare), Dawn Carroll (House of Memories), Denise Taylor (Steelite), Jamie Clews (Robot Coupe), Danny Silcock (Brakes)

Apologies: Donna Steeden, Neel Radia

<b>1.</b>	<p><b><u>Welcome Introduction and Apologies</u></b></p> <p>Mark Taylor opened the meeting by welcoming everyone on behalf of the SE Committee to Brakes Innovation Centre and with special thanks to Brakes, Steelite and Robot Coupe for sponsoring the seminar.</p>	MT
<b>2.</b>	<p><b><u>Minutes of the last Meeting</u></b></p> <p>Minutes of the previous SE Regional Summer Seminar meeting, held on 29<sup>th</sup> November 2019 at The Beaumont Estate, Old Windsor.          No amendments or changes.          Minutes were agreed by members.</p>	VR
<b>3.</b>	<p><b><u>Matters Arising:</u></b> None</p>	VR
<b>4.</b>	<p><b><u>Update from National Executive</u></b></p> <p>The budget is currently good, the term profit has now been changed to surplus.</p> <p>The South East region currently has the largest membership, the committee are available to speak to any prospective new members.</p> <p>TDF 2020 7<sup>th</sup>-9<sup>th</sup> October, discounts for early bird bookings. The Speaker programme is being completed. Entries for the awards at the TDF will need to be by mid. May to mid. July. Mark promoted entries from the South East.</p> <p>The new NACC National Chair, Sue Cawthrey is looking at some new strategic planning. To agree a clear NACC mission statement and vision. Plans to share knowledge and training opportunities on some key topics i.e. oral health, mental wellbeing, IDDSI.</p> <p>There were 45 entrants nationally for the Care Chef competition, half of these entrants were in the South East region.</p>	MT

	<p>The NACC received a query regarding CBD oil in the care sector, it was agreed at National Executive that this is not in our remit and we are unable to comment as an association.</p> <p>The NACC are supporting the 'Love British Food' initiative, more information will be shared with members.</p> <p>A member has asked if it is known the average meal cost including special diets and beverages in a care home setting, following discussion it was agreed that this is hard to quantify dependant on a number of differing factors.</p> <p>There will be a NACC newsletter twice a year including photos from meetings.</p> <p>Mark thanked the following Speakers at this meeting:          Sophie Murray, Sunrise Senior Living &amp; Gracewell Healthcare.          Dawn Carroll, House of Memories.          Jamie Clews, Robot Coupe.          Danny Silcock, Brakes.</p>	
6.	<p><b>AOB</b> Dates for Diaries for 2020</p> <p><b>18<sup>th</sup> June</b>- SE Summer Seminar.  <b>7<sup>th</sup> to 9<sup>th</sup> October</b> – Training &amp; Development Forum  <b>26<sup>th</sup> November</b>- SE Winter Seminar</p> <p>Mark thanked all members for attending, meeting closed</p>	MT