



THE GREAT BRITISH ROAST

Leek and potato soup

OR

Smoked mackerel salad

Roast chicken with sage and onion stuffing

OR

Roast leg of lamb

OR

Fish topped with a cheese sauce

OR

Quorn cottage pie

Treacle tart and custard

OR

Summer fruit trifle



THE GREAT BRITISH CLASSIC

Minted pea soup

OR

Sardines on toast

Fish and chips

crispy coated fish with chips, peas and tartare sauce

OR

Liver and bacon

braised liver with bacon in a rich onion gravy

OR

Toad in the hole

oven roast sausages served in a Yorkshire pudding

OR

Vegetable crumble

*a selection of root vegetable in a tomato sauce
topped with a crisp and crumbly topping*

Baked rice pudding

OR

Bread and butter pudding

layers of bread and fruit baked with a vanilla custard



— THE —
GREAT BRITISH
— AFTERNOON TEA —

Ploughman's

*a selection of cheese, ham and pork pie served with fruit,
pickle and bread*

Salmon and broccoli quiche

Finger sandwiches filled with egg mayonnaise,
cucumber and smoked salmon

Lemon drizzle cake

Bakewell tart

Sultana scones served with strawberry jam
and whipped cream

All served with freshly made tea, coffee and iced juice



CELEBRATE V-E DAY!

75TH ANNIVERSARY

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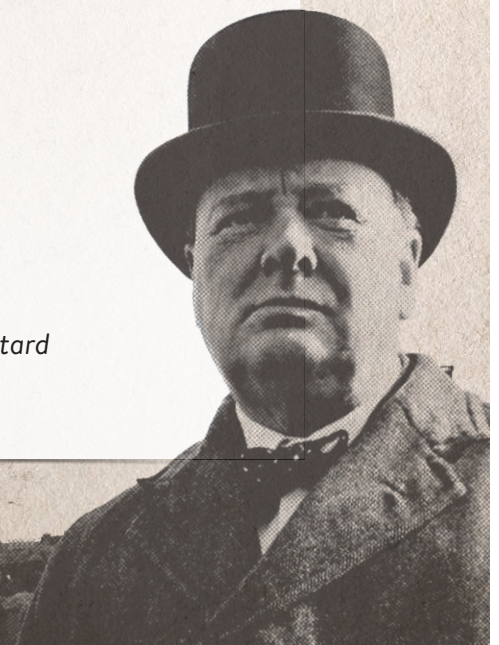
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WE'RE SUPPORTING THE ALZHEIMER'S SOCIETY CUPCAKE DAY

On Thursday 18th June, we're encouraging people across the UK to get together and bake, to raise money for people affected by dementia.

Everybody likes a freshly baked cake, from your care home residents, staff or their families at home.

Enjoying a cake will bring a smile to a face and help make a difference.



*We know things are
a little different this year,
but there's still time to
whip out the whisks and bake
to make a difference*



**Get your cupcake POS
kit by [clicking here](#)**



1 WEEK SIMPLIFIED MENU CYCLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			EARLY MORNING			
Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee
			BREAKFAST			
Cereals Porridge Toast & preserves Grapefruit segments Grilled bacon & tomatoes	Cereals Porridge Toast & preserves Orange segments Scrambled eggs & toast	Cereals Porridge Toast & preserves Prunes Mushrooms on toast	Cereals Porridge Toast & preserves Melon Boiled eggs & toast	Cereals Porridge Toast & preserves Peach slices Grilled bacon & mushrooms	Cereals Porridge Toast & preserves Pineapple Kippers & tomatoes	Cereals Porridge Toast & preserves Fruit salad Cooked breakfast
			MID MORNING			
Tea/Coffee/Squash Fruit Chocolate cookie	Tea/Coffee/Squash Fruit Blueberry muffin	Tea/Coffee/Squash Fruit Shortbread	Tea/Coffee/Squash Fruit Doughnut	Tea/Coffee/Squash Fruit Hot cross bun	Tea/Coffee/Squash Fruit Millionaire shortbread	Tea/Coffee/Squash Fruit Danish assortment
			LUNCH			
FISH DISH	PORK DISH	POULTRY DISH	RED MEAT DISH	FISH DISH	POULTRY DISH	Roast beef & Yorkshire pudding
VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH
Rice 2 seasonal vegetables Lemon meringue pie	Chips 2 seasonal vegetables Rice pudding with apricot puree	Mashed potatoes 2 seasonal vegetables Fruit trifle	2 seasonal vegetables Bread & butter pudding	Chips or new potatoes 2 seasonal vegetables Arctic roll and red berries	Mashed potatoes 2 seasonal vegetables Fruit crumble & custard	Roast & mashed potatoes Carrots, swede, peas Raspberry pavlova
			MID AFTERNOON			
Tea/Coffee/Squash Fruit Jam tart	Tea/Coffee/Squash Fruit Flapjack	Tea/Coffee/Squash Fruit Chocolate éclair	Tea/Coffee/Squash Fruit Carrot cake	Tea/Coffee/Squash Fruit Victoria sponge	Tea/Coffee/Squash Fruit Fruit scone	Tea/Coffee/Squash Fruit Crumpet
			EVENING MEAL			
Fruit juice Assorted Sandwiches Soup of the day Poached eggs on toast Various fillings Grilled tomatoes Fruit & jelly	Fruit juice Assorted Sandwiches Soup of the day Jacket potatoes Various fillings Salad Syrup sponge & custard	Fruit juice Assorted Sandwiches Soup of the day Omelette Various fillings Salad Mandarin cheesecake	Fruit juice Assorted Sandwiches Soup of the day Salmon & haddock fish cakes Peaches & cream	Fruit juice Assorted Sandwiches Soup of the day Beans on toast Salad Crème caramel	Fruit juice Assorted Sandwiches Soup of the day Quiche Tomato salad Egg custard tart	Fruit juice Assorted Sandwiches Soup of the day Toasted sandwiches Various fillings Salad Ice cream sundae
			SUPPER			
Tea/Coffee/Squash Yoghurt	Tea/Coffee/Squash scone	Tea/Coffee/Squash Toast	Tea/Coffee/Squash Crumpets	Tea/Coffee/Squash Cheese & crackers	Tea/Coffee/Squash Toasted teacake	Tea/Coffee/Squash Biscuits
			LATE EVENING			
Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink

DISH TYPE



Pork



Vegetarian



Poultry



Red meat



Fish